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Food, Page 1C

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VOLUME 21, NUMBER 55

WEDNESDAY, JULY 9, 1997

FIFTY CENTS

DUI law impact called minimal

Alcohol content standard reduced

By Michelle Duell
Staff writer

Police in the communities of Granite City and Madison say they think a bill Gov. Jim Edgar signed Wednesday reducing the legal blood alcohol content level from 1.0 to .08 will have little effect on the number of arrests of drunken drivers.

But that does not mean they do not support the change, which went into effect last week immediately after being signed.

Granite City Chief of Police Dave Ruebhausen said he did not think that the number of people who choose to drink and drive will be reduced by the measure.

"A .02 drop in the BAC level will make little difference," Ruebhausen said. "Usually the ones we pick up are over 1.0 anyway."

"Of course," he said, "if we arrest a guy that's .08, we can bring him in. But there are fewer cases of that."

Ruebhausen said say, however, that it may make individuals a little more aware.

Police Chief Steve Skokolo of Madison concurred with Ruebhausen.

"Without strict enforcements, it won't make

'A .02 drop in the BAC level will make little difference. Usually the ones we pick up are over 1.0 anyway.'

— Dave Ruebhausen
Police chief

much difference," Skokolo said.

The bill allows police officials to charge a driver with DUI as long as his blood alcohol level is .08 percent or greater.

Secretary of State George Ryan proposed the bill that changed the BAC. He called the enactment a landmark that "will help make the state's roads and highways safer and save an estimated 65 lives next year from alcohol-related deaths."

"Other states with a .08 law have seen an average 16-percent drop in alcohol-related fatal crashes," he said.

(See LAW, Page 4A)



(Staff photo by JOHN FRESSE)

Play time — Morgan Overturf waves to her mother, Denise, before heading over to the swings to play with her cousins, Kirsten Hollingseed, 6, and Shannon Vannier, 7. The Overturfs, who hail from Nashville, Tenn., were in town visiting family over the Fourth of July, and took an afternoon to enjoy a picnic in Wilson Park.

Mitchell plan goes before judge

A powerful group of people and local governments have combined forces to declare legal war on the Mitchell incorporation effort.

Mitchell has been organizing to become a village since last year. Its petition to incorporate was filed June 23 in Madison County Circuit Court with 900 signatures.

In response, a group of cities, corporations and property owners filed objections in court Thursday. Several of the objectors previously had expressed indifference toward the incorporation.

A hearing on the Mitchell incorporation was to have been held Tuesday afternoon before Associate Circuit Judge Ann Callis-Ronney. The court is to decide whether to allow an election in November regarding the incorporation.

Those opposing Mitchell's incorporation include: Madison County, Union Electric Development Corp., Gateway Commerce Center, the cities of Edwardsville and Granite City, and the villages of Pontoon Beach, Hartford and South Roxana.

In addition, seven individual property owners filed objections, including the chairman of the Madison County Zoning Appeals Board, Mike Campbell, who farms property in the area.

The most common reason cited for opposing Mitchell's effort is the population estimate listed in the incorporation petition.

Mitchell organizers say they have 7,997 people in an area bounded on the east by the Mississippi River, on the west by Edwardsville, on the north by Hartford and South Roxana, and on the south by Granite City and Pontoon Beach.

A state statute requires more than 7,500 residents if a new

(See PLAN, Page 4A)



Laidlaw Transit is installing crossing control arms on its school buses. The arms help keep children within the driver's view by reminding them to walk at least seven feet in front of the bus.

Ounce of prevention

School bus 'arms' may improve safety

By Ron Wisdom
Staff writer

As an added safety measure, Laidlaw Transit is equipping all of its school buses with crossing control "arms" that force children to stay within the driver's view.

Buses used in the Granite City, Madison and Venice school districts all have been equipped with them, said Laidlaw

spokeswoman Sheila Doolan.

"It's a federal law," she said.

"You should have actually seen a few of them already when school was still in session, but we have them on all the buses now and are working on putting them on the vans," said Mary Ann Rice, a Laidlaw district manager who runs 38 buses in the Collinsville area. "But by the beginning of the school

(See ARMS, Page 4A)

Volunteers sought in local area

By Michelle Duell
Staff writer

Big Brothers/Big Sisters of Southwestern Illinois recently committed to doubling its number of Big Brother/Big Sister matches through the year 2000.

The pledge was made at the 1997 Big Brothers Big Sisters of America National Conference on June 27 in Minneapolis.

"We have a number of children in the Granite City area who have been waiting for a long time for a volunteer," said Executive Director Barbara Cempura. "We plan to particularly target the Granite City area in the next three months."

Also, a program with Marshall School in Granite City will begin in September, Cempura said.

Titled Partners Shaping Futures, the program will match students with business persons an hour a week at the school.

"The program at Marshall School was made possible through support of the United Way," she said.

"We plan to start recruiting business volunteers in July," she said.

Volunteers being sought for children in Granite City normally would be asked to devote 10 to 12 hours a month with a child, Cempura said, but some will not be required

(See VOLUNTEERS, Page 4A)

In the Journal

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5 FULLER'S FORECAST
John Fuller, Meteorologist, KSDK News Channel 5

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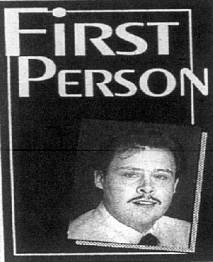
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Radio-control flying: pastime for the patient



(Editor's note: The following is the second in a series of 'First Person' articles that will appear occasionally this summer in your Journal. In these stories, Journal staffers will sample a few of the experiences available in the Metro East area, and share their impressions with our readers.)
By Joe Leicht
Staff writer

I felt a stream of brain sweat trickle when Morris Schweickhardt handed me the transmitter that controlled his airborne Pulsar XP.

I'd glued together dime-store model planes as a kid, but I'd never flown a handcrafted scale model before. A nightmarish vision of me, standing weak kneed and apologetic after having crashed a treasure that Mr. Schweickhardt had invested \$1,500 and nearly two years of work, flashed through my mind.

"Don't worry," Schweickhardt laughed. "I won't let you get it too far away from me."

The transmitter box's override switch, his built-in klutz insurance, was at the ready should I endanger the Pulsar.

I sustained the flight pattern my host had established, but when I moved the joystick a fraction of a millimeter too far to one side and the plane banked ever so slightly, I didn't need an instructor's override to tell me my flying



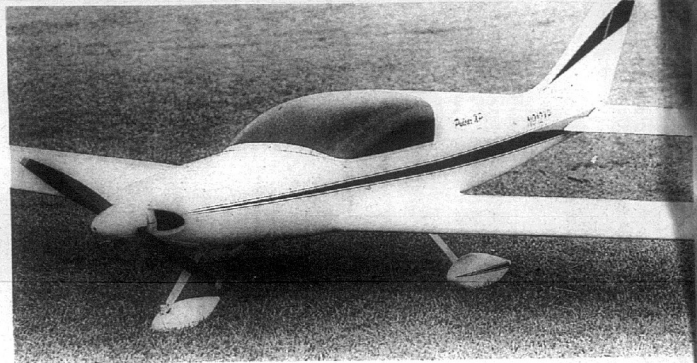
(Photo by PAUL BAILLARGEON)
Reporter Joe Leicht and Morris Schweickhardt.

time was over. "OK, I think you'd better take it back," I said as I returned the transmitter to its owner, who was chuckling at my aviatric cowardice.

"They're sensitive, very responsive to the man on the

ground. Whatever you tell it to do, it does," Schweickhardt explained.

His Pulsar XP, which he molded and outfitted from scratch off the blueprint of an actual full-scale aircraft, is one of the more maneuverable



A radio controlled plane

models.

"The design is what allows some models to be extremely maneuverable in the air, whereas some models like the ones you'd buy from a hobby store are built to be more stable and compensate for most errors a flyer might make," he continued.

Schweickhardt, a Columbia resident, designs and sells the

(Photo by PAUL BAILLARGEON)

Granite City Journal

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NEWS



(Staff photos by JOHN FRESE)

Careful — Morgan Overturf looks back before making the rest of the way up to the top of a slide at Wilson Park. Below, Kirsten Hollingshead, 6, swings in Wilson Park with her cousin, Shannon Vannier, 7, before a picnic lunch.



Program helping residents buy homes

By Michelle Duell
Staff writer

With funds from the Department of Housing and Urban Development's Home Investment Partnerships Program, Madison County Community Development has helped 84 homebuyers purchase single-family homes, Madison County Board Chairman Rudy Papa said Thursday.

"Total assistance provided by Madison County to homebuyers has been approximately \$804,950," Papa said. "The funds have been used as down payments, closing costs and secondary mortgages. Total value of real estate purchased to date with the help of this program is about \$3.5 million."

Papa said the average household helped through this program has 2.7 people living in it, has a median income of \$23,679 and has a home valued at \$42,000.

The Home Investment Partnerships Program funds Madison County's Homebuyer Program, through which the homes are bought.

The Homebuyer Program is a gap financing program, Papa said, which has been helped by the following lenders: The Bank of Edwardsville, Carrollton Bank, Central Bank, Mercantile Bank of Illinois, Omni Bank and UMB Bank of St. Louis.

"In addition, several of the lenders have access to a grant from the Illinois League of Financial Institutions, which can also be used to assist eligible homebuyers who are buying a home for the first time," he said.

To be able to buy the homes, applicants must show they can repay loans, have favorable credit and meet the program income guidelines, Papa added.

Homes purchased through the Homebuyer

Program must be single-family dwellings that comply with HUD's Housing Quality Standards, he said.

"Madison County provides up to 2 percent of the purchase price in the form of a grant and loans the remaining funds needed at 2.5-percent interest for up to a 10-year term," he said. "Total assistance from Madison County can be as much as \$10,000 per household."

"Increasing opportunities for homeownership in Madison County is vitally important," Papa said. "Owning a home gives residents a stake in their community. It helps to revitalize neighborhoods, making them places where people care about their homes and each other. It offers stability and security in which to live and raise a family."

Lenders, realtors or families interested in the homebuyer program may call Madison County Community Development at (618) 692-3940. The address is 130 Hillsboro Ave., Suite 100, Edwardsville, Ill. 62025.

Program for elderly wins honor

The Elderly Services Program, operated by Belleville Area College's Programs and Services for Older Persons, has earned an Award of Merit in Housing and Community Development from the National Association of Housing and Redevelopment Officials, based in Washington, D.C.

Mary Miller serves as the specialist for the program, which provides outreach, needs assessment and referrals for senior citizens and people with disabilities receiving federal housing assistance adminis-

tered by the St. Clair County Housing Authority.

"We're proud that we've been able to do this for four years," Miller said. Her office is located in the Bel-Plaza II senior citizen apartment building. As of June 1, her program served 1,228 clients.

PSOP Director Gene Verdu, who also serves as chairman of the St. Clair County Housing Authority board, will accept the award at a ceremony July 25 in New York City.

"The Elderly Services Program has made a positive

impact on the lives of the people it serves," Verdu said.

"Because of this program, residents are able to maintain their independence, something that every person treasures."

The award also proves that public agencies can collaborate to produce positive results, he said. That sentiment was echoed by Larry McLean, management director of the St. Clair County Housing Authority.

"We have been very pleased with the partnership between our agency and Belleville Area College," McLean said, adding this is the first time that the housing authority has applied for a NAHRO award. He said the award is a tribute to the great job that Miller has done in running her program.

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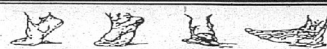
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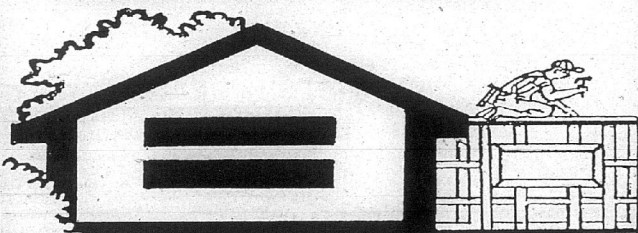
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OBITUARIES

Chappell, Sharon

SHARON GAYLE CHAPPELL, 60, of Granite City died Sunday, July 6, 1997, at Jewish Hospital in St. Louis. She was born Sept. 18, 1936, in Jerseyville, Mo., and had been a Granite City resident for 34 years.

Ms. Chappell retired from the Granite City Army Depot after 34 years of service. She was a member of City Temple Assembly of God Church.

Survivors include one sister, Sandra Chappell of Granite City, and two brothers, Jack Chappell of Bridgeport, Mo., and Cletus Chappell of Jerseyville.

She was preceded in death by her parents, Arthur and Lorraine Chappell; and one brother, Darrell Lee Chappell.

A memorial service is scheduled for 11 a.m. today, Wednesday, July 9, at City Temple Assembly of God Church, 4751 Manille Road, Granite City, with the Revs. Mike Hopkins, Gary Thomas and Eugene Cope officiating.

The body was gifted to Washington University School of Medicine.

Sisoian, Margaret Mary

MARGARET MARY (SEADY) SISOIAN, 79, of Collinsville, formerly of Granite City, died Thursday, July 3, 1997, in Maryland. She was born Nov. 18, 1917, in St. Louis.

Mrs. Sisoian was a member of the Sisoian family, which was founded in 1848 in St. Louis. She was a member of the Sisoian family, which was founded in 1848 in St. Louis.

Survivors include one son, Thomas Sisoian of Southlake, Texas; one daughter, Rose Lesko of Collinsville; one sister, Adele Morris of St. Louis; and six grandchildren.

She was preceded in death by her husband, Charles Sisoian, who died in 1958; her parents, Toule and Arneani Seady; two brothers, Ferrie and Dan Seady; and one granddaughter.

Services were Saturday, July 5, at St. Gregory Armenian Apostolic Church, Granite City, with the Rev. Varian Kassebian officiating. Burial was in Mount Hope Cemetery, Belleville.

Memorials are suggested to the new church building fund at St. Gregory.

Jungels, Howard

HOWARD JUNGELS, 52, of Granite City died at 12 a.m. Saturday, July 5, 1997, at Barnes Hospital in St. Louis following a two-week illness. He was born June 3, 1945, in Granite City.

Arrangements were handled by Jacob East Funeral Home, 708 W. Carpenter, Jerseyville.

Jungels, Howard

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Jungels, Howard

Gregory Armenian Apostolic Church.

Arrangements were handled by Irwin Chapel, 3900 Maryville Road, Granite City.

Mink, Robert Mathew

ROBERT MATHEW MINK SR., 75, of Granite City died at 1:45 p.m. Thursday, July 3, 1997, at his residence, following a two-year illness. He was born May 18, 1919, in East St. Louis.

Mr. Mink was a member of the U.S. Army for 27 years and then worked as a shift for the Madison County court system. He was of the Catholic faith.

Survivors include three sons, Charles R. Mink of Jefferson City, Mo.; Adam W. Mink of Marathion, Ill.; and Robert M. Mink Jr. of Granite City; one daughter, Mary H. Compton of Florissant, Mo.; one brother, John Mink of Granite City; one sister, Mary Reed of Denver; 11 grandchildren and one great-grandchild.

He was preceded in death by his wife, Mildred (Ther) Jungels of Granite City; one sister, Linda Jeanne Orlison of Lacey, and one brother, Dr. Paul Jungels of Venice, Fla.

He was preceded in death by his father, Charles Jungels, also an attorney.

Services were Tuesday, July 8, at Irwin Chapel, 3900 Maryville Road, with the Rev. Rosamond officiating. Burial was in St. John Cemetery, Granite City.

Memorials are suggested to St. Peter United Church of Christ, 3900 Maryville Road, Granite City.

Warnhoff, Frederick

FREDERICK WARNHOFF of Granite City died Saturday, July 5, 1997, at his residence.

Arrangements are pending at Irwin Chapel, 3900 Maryville Road, Granite City.

Austin, Robert L.

ROBERT L. AUSTIN, 60, of Granite City died at 10:52 p.m. Saturday, July 5, 1997, in the emergency room at St. Elizabeth Medical Center in Granite City. He was born Nov. 12, 1936, in Murphysboro.

Mr. Austin was a U.S. Navy veteran, retired in 1957 as executive assistant to the vice president of Union Electric.

He was a former president of the Belleville Holzschitzers, a member of the City of Granite City, a board member, a soccer and baseball coach, retired chief veteran of the Veterans Committee of Union Electric and former president of the Granite City Boys and Girls Club and the Granite City Girls Association.

Survivors include his wife, Viola M. (Anderson) Austin, whom he married April 26, 1958; one son, Michael L. Austin of Collinsville; one daughter, Laura Leumann of Granite City; one brother, Tom Austin of Ixonia, Mo.; and three grandchildren.

He was preceded in death by his parents, Earl and Edna (Elmore) Austin; and one brother, Jim Austin.

Services are scheduled for 10 a.m. today, Wednesday, July 9, at Calvary Cemetery in Edwardsville.

Arrangements were handled by Jacob East Funeral Home, 708 W. Carpenter, Jerseyville.

Jungels, Howard

HOWARD JUNGELS, 52, of Granite City died at 12 a.m. Saturday, July 5, 1997, at Barnes Hospital in St. Louis following a two-week illness. He was born June 3, 1945, in Granite City.

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Mr. Jungels, a self-employed attorney, graduated from the St. Louis University School of Law and received his master's degree in business administration from Southern Illinois University at Edwardsville.

He was a member of St. Peter United Church of Christ, DeMolays and the Madison County, Tri-City and Illinois State Bar associations.

Survivors include his mother, Mildred (Ther) Jungels of Granite City; one sister, Linda Jeanne Orlison of Lacey, and one brother, Dr. Paul Jungels of Venice, Fla.

He was preceded in death by his father, Charles Jungels, also an attorney.

Services were Tuesday, July 8, at Irwin Chapel, 3900 Maryville Road, with the Rev. Rosamond officiating. Burial was in St. John Cemetery, Granite City.

Memorials are suggested to St. Peter United Church of Christ, 3900 Maryville Road, Granite City.

Warnhoff, Frederick

FREDERICK WARNHOFF of Granite City died Saturday, July 5, 1997, at his residence.

Arrangements are pending at Irwin Chapel, 3900 Maryville Road, Granite City.

Austin, Robert L.

ROBERT L. AUSTIN, 60, of Granite City died at 10:52 p.m. Saturday, July 5, 1997, in the emergency room at St. Elizabeth Medical Center in Granite City. He was born Nov. 12, 1936, in Murphysboro.

Mr. Austin was a U.S. Navy veteran, retired in 1957 as executive assistant to the vice president of Union Electric.

He was a former president of the Belleville Holzschitzers, a member of the City of Granite City, a board member, a soccer and baseball coach, retired chief veteran of the Veterans Committee of Union Electric and former president of the Granite City Boys and Girls Club and the Granite City Girls Association.

Survivors include his wife, Viola M. (Anderson) Austin, whom he married April 26, 1958; one son, Michael L. Austin of Collinsville; one daughter, Laura Leumann of Granite City; one brother, Tom Austin of Ixonia, Mo.; and three grandchildren.

He was preceded in death by his parents, Earl and Edna (Elmore) Austin; and one brother, Jim Austin.

Services are scheduled for 10 a.m. today, Wednesday, July 9, at Calvary Cemetery in Edwardsville.

Arrangements were handled by Jacob East Funeral Home, 708 W. Carpenter, Jerseyville.

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Jungels, Howard

a.m. today, Wednesday, July 9, at Irwin Chapel, 3900 Maryville Road, Granite City, with Deacon Don Deitz officiating. Burial will be in Calvary Cemetery, Glen Carbon.

Memorials are suggested to the American Diabetes Association.

Ross, Samantha

"SAMMY" GALE

SAMANTHA "SAMMY" GALE ROSS, 5, of Collinsville died Thursday, July 4, 1997, in the emergency room at St. Francis Medical Center in Cape Girardeau, Mo. She was born Jan. 21, 1992, in Granite City.

Survivors include her parents, Randall W. and Corina L. (O'Dell) Ross; one brother, Cody Ross, at home; maternal grandparents, Eddie and Doris O'Dell of Collinsville; her paternal grandmother, Haroldine Ross Sobert of Florissant, Mo.; eight aunts; two uncles; 27 cousins and one stepcousin.

She was preceded in death by her paternal grandfather, William Marion Ross, who died July 23, 1992.

Services were Monday, July 7, at Irwin Chapel, 3900 Maryville Road, with the Rev. Ivan Thurner officiating. Burial was in Sunset Hill Memorial Estates, Glen Carbon.

Memorials are suggested to the Ross Family Benefit Fund, c/o Magna Bank.

Fernandez, Marie

MARIE (YGLIESIAS) FERNANDEZ, 92, of Fairmont City died at 7:50 a.m. Friday, July 4, 1997, at Collinsville Care Center. She was born May 31, 1905, in Piedras Blancas, Spain.

Survivors include one daughter, Golda Fernandez of Granite City; four sons, Vidal and Angel Fernandez, both of Collinsville; Joe Fernandez of Fochabates and Conchita Fernandez of Granite City; 12 grandchildren and 23 great-grandchildren.

She was preceded in death by her husband, Vidal Fernandez, who died March 10, 1990, in 1978; her parents, Marcelino and Maria (Gustia) Yglesias; and her brothers, Marcelino and Joe Yglesias; and two sisters, Rogelia ("Helen") Garcia and Anita Alvarez.

Services were Tuesday, July 8, at Holy Family Church, 1515 N. Main St., with the Rev. Morris officiating. Burial was in St. John Cemetery, Collinsville.

Memorials are suggested to Shrine's Childrens Hospital of St. Louis.

BAC offers free GED classes

Belleville Area College is offering free GED classes in July at various sites.

Morning classes meet from 9 a.m. to 12:50 p.m. weekdays, July 15-Aug. 8, at the Belleville Campus, 2500 Carlyle Ave.; the Granite City Campus, 4950 Maryville Road; and the Cahokia Goodwill Center, 1040 Cam. Jackman, Jackman.

Students can register for classes starting at 9 a.m. July 15 in the Belleville Campus gym lobby, the Granite City Campus cafeteria or the Cahokia lobby.

Another class will meet from 11 a.m. to 2:50 p.m. weekdays, July 15-Aug. 8, at Centreville City Hall, 5800 Bond Ave.

Students can register starting at 11 a.m. July 15 in the Centreville City Hall lobby.

GED classes prepare area residents who have not received high school diplomas to take tests to receive high school equivalency certificates.

For more information, call BAC at 235-2700, Ext. 523, or toll-free in Illinois, 1(800)BAC-5131, Ext. 523.

Country breakfast set for Saturday

St. John Lutheran Church's monthly Country Breakfast will be from 9 to 11 a.m. Saturday, July 12, at the church, 2001 St. Clair Ave.

Scrambled eggs, pancakes, sausage, various homemade jellies, coffee and orange juice will be served. The cost at the door will be \$4 for ages 12 and older and \$2 for children under 12.

With the purchase of an adult breakfast, you may get your car washed by the Youth Group for an additional \$1.

Volunteers

(Continued from Page 1A)

and through school-based mentoring services at schools in Cahokia, Madison, Highland and East St. Louis.

The agency has 15 children waiting to be matched with mentors.

To enable its mentoring relationships, the agency plans to launch a three-year recruitment drive for volunteers who want to make a difference in the life of a child, she said.

For information on how to volunteer, call Mindie at 398-3162.

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Four children found alone

Parents charged after police find youngsters, all under 7

By Bob Slate Staff writer

A Granite City man and woman were each charged with neglecting and endangering their children after leaving them home alone last week.

Neighbors told police the four children — a six-year-old girl, a three-year-old boy and two 7-month-old boys — are left alone for two to five hours almost daily.

Edward J. Hogan, 47, and Aletha A. Hogan, 37, both of the 1200 block of Niedringhaus Avenue, were each charged with four counts of child neglect, four counts of child endangerment and four counts of contributing to the dependency of a child.

Police received a 911 hang-up call at 6:40 p.m. Thursday and responded to the Niedringhaus Avenue address to find a six-year-old girl, the Hoggans' daughter, and three other children.

She acted confused when police asked her who was watching her and her brothers, according to a police report.

Neighbors told police the parents had left to go to a restaurant at about 5:30 p.m., no

Electrical fire hits SIUE Lovejoy Library

Students, staff members forced to evacuate

An electrical panel sparked a brief fire Thursday that filled the basement of SIUE's Lovejoy Library with smoke and forced several hundred students and staff members to evacuate.

The lights started flashing, and a voice came on the loudspeaker telling us there was a fire and everyone should leave. You could smell a little odor on the first floor as we walked out," said graduate student Sharilyn Mochle, of Hamel.

Mochle was studying on the second floor when the alarm sounded about 3 p.m. Thursday.

It smelled like rubber burning, like a fan belt or something," she said.

Edwardsville Fire Chief Michael Karlechik said the blaze started in an electrical service room on the lowest level, where a panel apparently short-circuited. The smoke was confined to the lower level.

One employee apparently suffered from smoke inhalation but refused medical treatment, he said.

Firefighters used carbon dioxide instead of water to suffocate and cool the fire, then employed fans to eliminate the smoke that spread throughout

"We cleared the building and made sure everyone was out. We plan for these emergencies because it's sometimes difficult to get people out. The police triple-checked."

— Jay Starratt
Library dean

the basement.

The Edwardsville Fire Department called its counterparts in Holiday Shores for standby help at Edwardsville Station No. 1 and in Glen Carbon for standby at Station No. 2. Members of the Meadowbrook Fire Department also were standing by at its station, officials said.

Jay Starratt, dean of the library, said several hundred students and staff were in the building on the main central campus of Southern Illinois University at Edwardsville when the alarm went off. The number was lower than normal due to the summer season and the proximity of the Fourth of July holiday, he said.

"We cleared the building and

made sure everyone was out. We plan for these emergencies because it's sometimes difficult to get people out. The police triple-checked," he said. SIUE spokesman Sam Smith said more than 100 people had been evacuated, including 65 staff members.

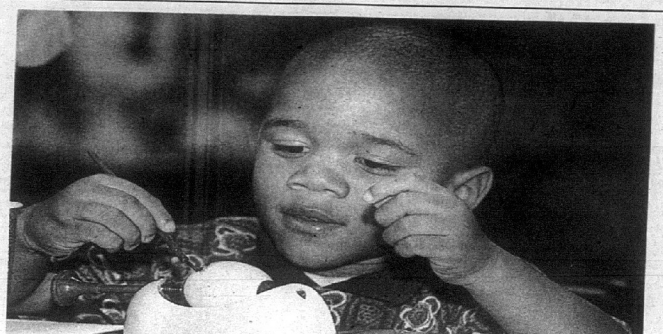
Anthony Fernando, a 22-year-old student employee in microforms, said he was working on the second floor.

"All I know is suddenly the fire alarm went off and the lights went out, and we evacuated," Fernando said.

Maintenance employee Chris Stahlschmidt said employees turned off power in the entire building to help control the fire.

Smith said the library was reopened at 4:45 p.m. for about 30 minutes to allow staff members and students to retrieve belongings they had left behind during the evacuation.

— From The Telegraph



Artist — Three-year-old Rodney Gayden of Madison paints an egg during a Spring Celebration party, held recently at Belleville Area College's Granite City Campus.

Cemetery drama goes on

The state comptroller's office wants a judge to appoint a receiver for Valley View Cemetery in Edwardsville.

Illinois Comptroller Loleta Didrickson announced in May that the cemetery would be fined and its licenses revoked for violations of state laws.

The attorney general's office filed a petition last Thursday in Madison County Circuit Court asking that a receiver be appointed "to collect, hold and administer any funds and manage any activities" in regard to the Cemetery Care Act, the

Pre-Need Cemetery Sales Act or the Funeral or Burial Funds Act.

"All the licenses have been revoked," said Joe McCormick, a spokesman for the attorney general's office. McCormick said cemetery owner Lawrence Esterlen has "refused to acknowledge that or surrender the daily operations."

McCormick said Esterlen has 30 days from Thursday to respond to the complaint.

Esterlen said Thursday that

he had not seen the complaint but does not think a receivership would affect the cemetery's day-to-day operations.

"Valley View is not selling anything," since the May order, he said. Esterlen said the cemetery continues to fulfill agreements entered into before the order.

A hearing is scheduled for July 15 before Associate Judge Ann Callis-Rongey on a petition filed by Esterlen two weeks ago for an administrative review of the comptroller's order.

Esterlen claims in that petition that the comptroller's office failed to prove the alleged violations and asks that enforcement of the order be stayed.

— From The Telegraph

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It really is possible to prevent sun damage. Here's how: Find a sunscreen your children like to wear (SPF 15 or higher) and apply it regularly. Avoid outdoor activities between 10am and 3pm, when the sun is strongest. Encourage your children to wear hats. Because babies burn easier, they should always be shaded from direct sun rays.

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Support for traffic violators

Driving course helps those who run afoul of law



(Staff photo by JOHN FRESE)

Winners — The children of Little People Day Care in Granite City took first place in the float competition of the Shrine Parade for their Candyland float. Displaying their trophies are Blake Czerniejewski, front, Justine Grote, Drew Haugen, Lauren Laub, Zachariah Zieke, Kim Laub and Jessica Warchol. First row of kids, Taylor Shipp, Leeann Abbott, Alex Spies, Nick Lesar and Taylor Haugen. At left is owner Darletha Lesar, and right is instructor Julie Meyers.

A defensive driving course with G. Roland Smith as the instructor is like a support group for traffic violators.

Smith, 75, of Wood River, teaches defensive driving under the National Safety Council program, which is administered locally by Lewis and Clark Community College.

Most participants are first-time offenders who attend the course by court order because they were given traffic tickets. Smith teaches for Jersey, Macoupin and Madison Counties.

Smith said he is a former U.S. Marine who fought at the infamous Battle of Chosin during the Korean War.

But in the driving classes, he is more like a kind but stern grandfather figure, helping students understand why they speed.

"The overwhelming reason given for traffic violations is that people are in a hurry or running late and just weren't thinking," Smith says.

Smith uses the guidelines set out by the National Safety Council, but he departs from the standard curriculum at times.

The first assignment during the four-hour course reflects his

"The overwhelming reason given for traffic violations is that people are in a hurry or running late and just weren't thinking."

— Roland Smith
Driving instructor

belief that students do better if they become involved.

Each person is asked to voluntarily state their name out loud and explain their violation.

Then, Smith asks them what was on their mind when they were caught speeding or running that red light.

Without exception, each participant admits they weren't thinking about driving. The effect on the class is noticeable.

All of which leads up to Smith's favorite advice about driving: Keep your computers turned on.

"The brain is like a computer," he says. "When we turn off our computer, we get into trouble."

Smith's advice comes from experience.

He started riding a motorcycle

at age 14 while growing up in Jerseyville. After 22 years in the Marines, Smith lived in Omaha, Neb., where he worked as a professional truck driver.

"Driving a truck really teaches defensive techniques, partly because you have to start stopping so early," Smith says.

When he warns people about traffic hazards, Smith knows what he's talking about.

He was in a serious head-on collision with a car while riding his motorcycle on a California highway many years ago and spent three months in traction because of broken bones.

Along with the Safety Council rules for driving distance between cars, warnings about drunk driving and seat belt laws, Smith tells good stories.

One of his favorites is about a farmer in Jersey County who allegedly came to Smith's class after being involved in a collision.

The farmer, Smith says, was driving home one day and made a left turn into the farm driveway along a rural highway without using a turn signal.

A motorist trying to pass the farmer allegedly broadsided him. Smith said he asked the farmer why he didn't use a turn signal.

The answer: "That dang fool oughta know'd I'd been turnin' there for 20 years."

— From the Telegraph

Computer grants top \$1 million

Secretary of State George Ryan has awarded more than \$1 million in grants from his new "Educate and Automate" program to enhance and upgrade computers and other information technologies in public libraries, schools and colleges in every part of Illinois.

The first round of "Educate and Automate" funds, totaling \$1.06 million, will be used to help upgrade hardware and software, improve public access to electronic resources, develop on-line networks between various libraries and to convert historical and special library collections into a digital format so more people can have access to the materials.

The funds for the initiatives are generated through a portion of the fees paid for filing corporate annual reports, for copies of driving records and filing under the Uniform Commercial Code.

Grants were issued to the following: Cahokia, Cahokia CUSD #187, \$2,450; Cahokia Public Library, \$2,300; Madison, Madison Public Library, \$2,135; O'Fallon, O'Fallon School District #90, \$2,565; O'Fallon, O'Fallon Township High School District #203, \$3,000; and Venice, Venice Public Library, \$2,500.

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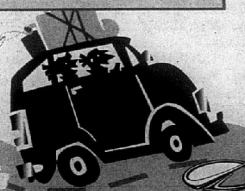
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NEWS



New officers — The new officers of Madison AMVETS Post 204 and the Ladies Auxiliary for the 1997-98 year were installed June 7 at the Madison AMVETS Hall. Pictured above are Jack Champion, Stanley Hudzik, Daine Coffey Jr., Keith Sanders, Frank Kierski, Stephen Diak, John Graville, Richard Modrusic, Henry Suell Jr. and Richard Gerlach. Below, Dottie Bailey, at the microphone, installs the new officers of Ladies Auxiliary Post 204. Pictured from left are Evadnye Graville, Nancy Colby, Pat Hartman, Mary Scarsdale, Laurie Cotter, Nell Holthouser and Judy Modrusic.



Host families sought by agency

F.L.A.G. is seeking local host families to participate in its exchange visitor program.

The purpose of the program is to promote global understanding by sponsoring select international high school students to live with U.S. host families for one school year. This year, FLAG will sponsor students from Brazil, France, Germany, Spain, Russia and Macedonia.

Students will be arriving this fall; they come with their own spending money, round trip airplane tickets and full medical insurance. Host families provide students with room

and board, and love. Both host family and students benefit from this life experience being able to learn first-hand about each other's culture and way of life.

Full personalized assistance to students and host families is provided by FLAG, a nationally recognized nonprofit organization specializing in the international sponsorship of small and select groups of high school students. FLAG is designated by the United States Information Agency as an official sponsor of exchange visitor programs. Host families may select

their students based on nationality, age, sex, hobbies, school and family backgrounds, etc.

Applications and more information on the students coming this fall can be obtained by calling your local FLAG Field Representative at 573-395-3281 or FLAG's Central Office at 1-800-942-3524.

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BIRTHS

Hughes, Tessa Jane
DARRIN AND AMY HUGHES of Granite City have announced the birth of their fourth child, a daughter.

Tessa Jane Katherine was born at 6:37 p.m. April 22, 1997, at St. Elizabeth Medical Center in Granite City. She weighed 6 pounds, 9 ounces, and joins Hunter, 5, Tanner, 3, and Summer, 1.

Her maternal grandparents are David and Judy Wulf of Harrisburg, Pa.

Jim and Linda Hughes of Springfield are the paternal grandparents.

Kneedler, Kendallyn Sue
BRAD AND STACY KNEEDLER of Collinsville have announced the birth of their first child, a daughter.

Kendallyn Sue was born at 7:17 p.m. April 24, 1997, at Anderson Hospital in Maryville. She weighed 6 pounds, 4 ounces.

Her maternal grandparents are Donald and Sandra Nowicki of Granite City.

Raymond and Karen Kneedler of Collinsville are the paternal grandparents.

Woehrl, Nicholas Alan
ERIK AND CAROL WOEHRL of Granite City have announced the birth of their third child, a son.

Nicholas Alan was born at 8:33 a.m. April 30, 1997, at Anderson Hospital in Maryville. He weighed 11 pounds, 6 ounces, and joins Hannah, 6, and Jessica, 15 months.

His maternal grandparents are Tom and Kay Curtis of Collinsville. Paternal grandparents are Mark and Judy Woehrl of St. Ann, Mo.

Finch, Eric Tyler

MARK A. AND DONNA S. FINCH of Granite City have announced the birth of a son.

Eric Tyler was born at 10:58 a.m. April 29, 1997, at Barnes-Jewish Medical Center in St. Louis. He weighed 8 pounds, 13 ounces and joins Ashley, 10, and Mark, 5.

His maternal grandparents are Don and Carol Broyles of Collinsville.

Wilma Finch of Granite City and Jim Finch of Dover, Tenn., are the paternal grandparents.

Diekemper, Kathryn Lynn

ERIC AND AMI DIEKEMPER of Edwardsville have announced the birth of a daughter.

Kathryn Lynn was born at 5:31 p.m. April 30, 1997, at Anderson Hospital in Maryville. She weighed 8 pounds, 9 ounces.

Her maternal grandparents are Larry and Linda Brooks of Granite City.

Paul and LaVerna Diekemper of Waterloo are the paternal grandparents.

Carson, Noah Clayton

JEFFERY AND STACIA E. CARSON of Trenton have announced the birth of their first child, a son.

Noah Clayton was born at 6:28 p.m. April 22, 1997, at St. John's Mercy Medical Center in St. Louis. He weighed 8 pounds, 8 ounces.

His maternal grandparents are Don and Pat Setar of Troy. Bob Carson of Trenton and the late Dorothy Carson are the paternal grandparents.

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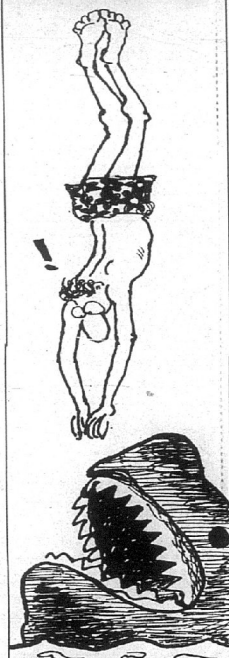
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NEWS

USDA going forward with ethanol plant

The U.S. Department of Agriculture will go forward with its release of \$1.5 million in funding for an ethanol pilot plant at University Park on the campus of Southern Illinois University Edwardsville, according to an announcement by the Illinois Congressional delegation.

In a joint statement, U.S. Sens. Dick Durbin and Carol Moseley-Braun and U.S. Reps. Jerry Costello and John Shimkus said they have been assured by Agriculture Secretary Dan Glickman that the funds which were included in last year's USDA appropriations bill will be released. The grant will be used for design and engineering work on the research facility that is projected to cost about \$20 million for construction. The main focus of the plant will be the exploration and study of more efficient and economical methods of producing ethanol from corn.

All four members of the Congressional delegation expressed excitement about the impact of the project.

Sen. Durbin: "The ethanol pilot plant is critical to job creation and economic opportunity in Madison County and all across Illinois."

Sen. Moseley-Braun: "This pilot plant will explore ways to reduce the cost of making ethanol, and that will translate into savings at the pump for the customer."

Rep. Costello: "As a strong supporter of ethanol, which provides an environmentally safe, efficient use of Illinois corn, I believe this new project will give a boost to our farmers and be a source of economic growth for this region's future."

Rep. Shimkus: "Farmers of the 20th district will benefit from an increased demand for their grain. Ethanol increases farm income, boosts employment and increases state tax

receipts."

SIUE Chancellor Nancy Belck and SIUE President Ted Sanders joined the Congressional group in praising the USDA action. "As it discovers new efficiencies in ethanol production, this laboratory will be good news for agriculture, the state's economy, and U.S. energy independence," Chancellor Belck said.

"It's good news for University Park and SIUE, advancing our role as a center for innovation and development of new technology," President Sanders said. "It is truly significant that the USDA recognizes the University as a research center. It is truly significant that SIUE will play a major role in the development of commercialization processes that will add thousands of jobs and billions of dollars to the U.S. economy while contributing to the fight against urban air pollution and lessening our dependence on imported oil."

SIUE previously received a \$500,000 grant from the USDA to study the feasibility of constructing an ethanol research plant at University Park. Brian Donnelly, executive director of the park, said the consultants who conducted the study recommended 10 research projects that hold the greatest promise of making ethanol more economical to produce. He said Stanley Consultants Inc., who conducted the economic analysis, reached a "dramatic conclusion."

"If just seven of these technologies are sped to commercialization through the pilot ethanol plant, the cost of converting corn to ethanol could be reduced up to 10 cents a gallon. Nearly two billion gallons of ethanol are produced in the U.S. annually. The pilot plant would be a small investment indeed when compared to that kind of return."

Kimmel Center honors SIUE students

The Kimmel Leadership Center recently honored students, faculty, staff, and community leaders for their outstanding contributions in leadership and service at the annual recognition program on the campus of Southern Illinois University at Edwardsville.

Students are listed by hometowns:
Outstanding Student Leaders
 This award goes to a maximum of 10 students:
 Belleville: Elizabeth Eble.
 Collinsville: Anna Pugh.
 Edwardsville: Grahaeme Hesp, Vidyadhar Mohanikar, Nagaraj Rajaraman, Azhar Umer.
 Granite City: Peggy Price.
 Marine: Sean Pohl.
 Millstadt: Ronda Sauget.

Dallas Brown was the recipient of the 1997 Adviser of the Year Award. The 1997 Organization of the Year is the National Association of Black Accountants. The 1997 Outstanding Greek Organization is Delta Sigma Theta Sorority Inc. The 1997 Outstanding Program of

the Year is the Organization of Minority Business Student's Credit Awareness Program. The Outstanding Community Service Project of the Year is Delta Sigma Theta's Delta Election Board Program.

Who's Who
 The 1997 edition of Who's Who Among Students in American University and Colleges will include the names of 32 students from Southern Illinois University at Edwardsville. A campus nomination committee and the editors of the annual directory have included the names of these students based on their academic achievement, service to the community, leadership in extracurricular activities and potential for continued success.

Belleville: Elizabeth Eble, Deborah Koelker.
 East St. Louis: Robert Mumphard, Jr.
 Edwardsville: Grahaeme Hesp, Michael Sarabia, Azhar Umer, Randall Weltzel.
 Granite City: Tiffany Hicks, Mark Hunter, Stephanie Kull, Tara Wyatt.



In appreciation — Parents for Special Education recently presented plaques of appreciation to Coordinated Youth and Human Services and the Granite City Park District for supporting programs for area disabled residents. Pictured above are Paula Hubbard of CYHS accepting the plaque from Carolyn Smoot of PSE. Below, Ray Hoffman and Billie Schuler, center, accept the plaque for the park district from Dorothy Lijewski of PSE.



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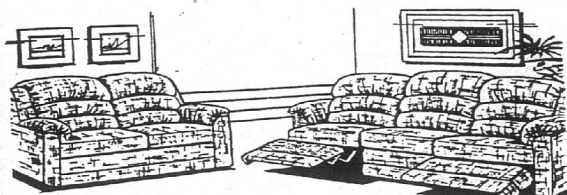
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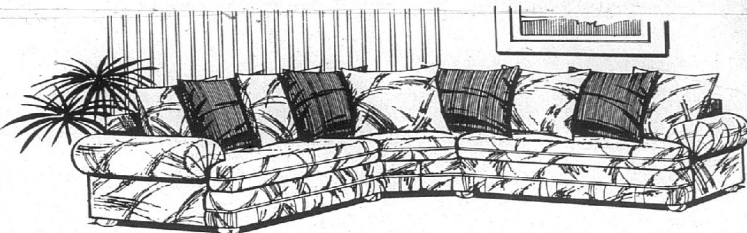
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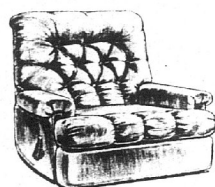
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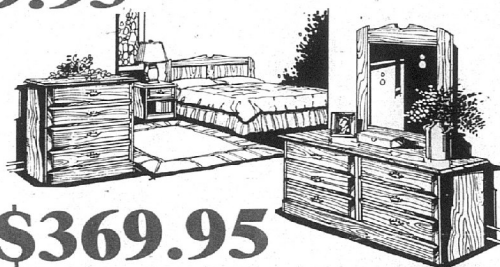
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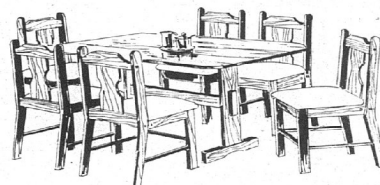
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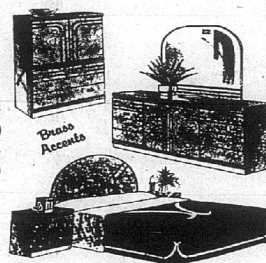
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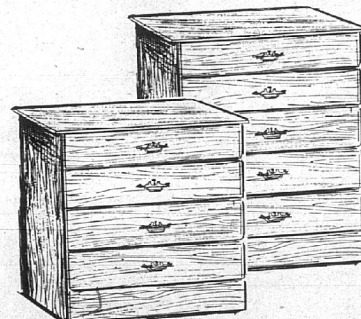
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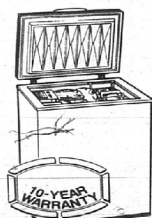


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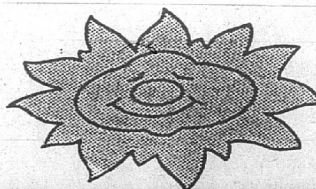
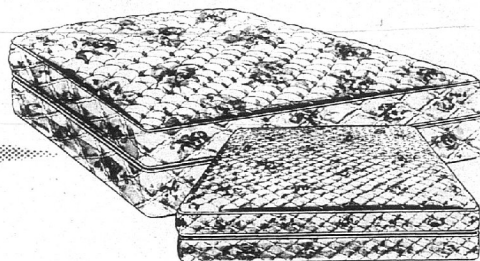


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Pat Heston
 Staff writer

Cards legend threw gems in broadcast booth, too

Dizzy Dean was right. The late St. Louis Cardinal great, whose breaking balls in the dirt were easier to catch than the grammatical gems he tossed around on the air waves as a short-lived announcer, once described a runner as having "slud" into second.

A rather down-home description, but vivid.

I have a deep respect for words and the proper use of them. For the last 30 years, I have made my living by speaking and writing words in a somewhat logical and meaningful sequence of sentences and paragraphs.

Never have I used the word "slud" in a sentence.

But now, I'm not sure why. Slud is a marvelous word. Not at all like slid.

Slid is so clean and crisp, neat and precise. The only thing it leaves to the imagination is how the runner approached the base. Was it feet first or head first? Did he come straight in or hooking toward the outfield?

Slud leaves no grammatical residue, but it's a bare-boned, matter-of-fact, what-you-see-is-what-you-get word. Even a bit bland.

But slud has personality. It involves the senses. Not only can you see a player who slud into the base, but you can hear him. If slid is like rolling a bowling ball down an alley, then slud is like releasing a bowling ball about waist high and cringing as it bounces half-a-dozen times on its way down the lane.

You can feel the pain of slud. You can taste the mud in the mouth or smell the dust in the nose from a slud bungled into a slud.

Slud is so ordinary that people seldom sit up and take notice. But slud is the life of the party. Let a player on the base paths and silent spectators are suddenly laughing and joking and carrying on conversations with total strangers.

I was watching an area baseball game last week when a runner slud into second.

You could see the slud coming on a botched hit-and-run when the calorie-challenged runner made his way down the base path as if he were wading through a sea of molasses.

While he was still significantly short of the runway, he opened his flaps, released his landing gear, lowered his nose and turned off the ignition.

The ensuing crash was one

(See PAT, Page 3B)

Bullets outslug Steelers, take title

East Alton ends 4-year reign

By **Garen Vartanian**
 Staff writer

What began against East Alton four years ago was ended by the Silver Bullets on Sunday.

In 1993, Granite City started its four-year reign as the Valmeyer Mid-Summer Classic champions by blanking East Alton 9-0.

But the Silver Bullets (20-4) severed Granite City's unprecedented tourney string by downing the Steelers 11-8 Sunday in the 26th annual Mid-Summer Classic at Borsch Memorial Park.

"We owe them some licks," said East Alton manager Jim Blackledge, whose team has upended Granite City five times in 1997. "They've given us some pretty good licks over the last few years. We've gotten after them this year."

Destiny may have intervened for Blackledge's unit, as East Alton overcame a 6-3 deficit in the top of the seventh Friday to defeat the St. Louis Printers 7-6 on a two-out, two-run homer by tournament MVP Mark Briggs.

In Saturday's semifinal game against O.B. Clark, Briggs' blast in the top of the ninth vaulted the Silver Bullets—who won their only other Valmeyer Tournament in 1989—into the championship.

"If he doesn't hit the first

home run, we lose," said Blackledge. "If you don't do it, you lose. We knew coming into the season we had some pretty good players, but you can't do it on paper, you (have) to go out there and do it."

Granite City, which outscored its first two tourney opponents 17-1, fell to 11-6.

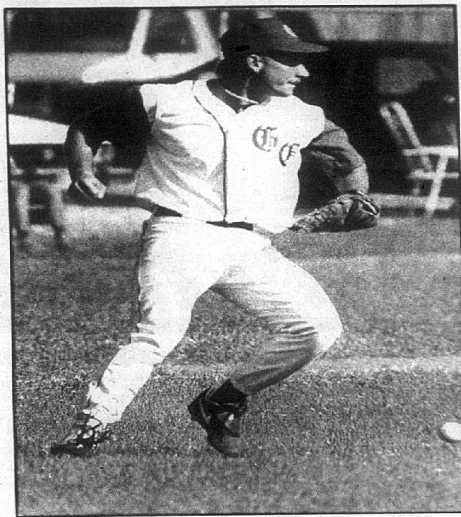
"I'm disappointed. I'm happy for Jim Blackledge and East Alton," Granite City player-manager Daren DePew. "They played well. They've got a good ballclub. I'm disappointed. We've been here (in the championship) a lot."

This is the fifth year in a row we've been here, so we didn't expect to lose. They're a good ballclub. They outscored us."

East Alton's ferocious offense proved decisive, as the Silver Bullets scored in all but two innings. They banged out 16 hits, including three round-trippers.

Steve Davis paced the brigade with two homers and three RBIs. Jesse Bugner, Mark Burris, Tony Ducas

(See END, Page 3B)



(Photo by PAUL BAILLARGEON)
 Brian Harshary runs down the ball. Granite City lost to Alton in the Valmeyer Mid-Summer Classic.

2 homers power O.B. Clark past Valmeyer

By **Garen Vartanian**
 Staff writer

Powered by homers from Brian Binkholder and Eric Blaha, O.B. Clark captured third place in the 26th annual Valmeyer Mid-Summer Classic by clipping the host Lakers 7-3 Sunday at Borsch Memorial Park.

Binkholder's three-run round-tripper in the bottom of the second erased a 1-0 Valmeyer lead and staked O.B. Clark of St. Louis to a 3-1 lead.

Blaha then socked a two-run circuit shot in the fifth, highlighting a four-run frame that increased his club's margin to 7-1.

Four O.B. Clark hurlers, meanwhile, shackled Valmeyer (22-8) on just three hits.

"The last two days, we've faced outstanding pitching, (and) the bats have been quiet," said Lakers manager Dennis Pieper, whose club fell to Granite City 7-1 in the semifinals Saturday. "And the other thing that hurt us is that we didn't play real good defense on Saturday or today. We had

(See THIRD, Page 3B)

Moyer, Metro East man among winners at Tri-City

Billy Moyer showed his fellow Hav-A-Tampa competitor the fast lane and grabbed the \$10,000 ring in the Mountain Dew 100 July 3 at Tri-City Speedway in Granite City.

Moyer, backing up his June 4 Quaker State late Model Shootout Victory, led 94 of the 100 laps Thursday and was challenged for the lead only once.

Starting from the second row, the Batesville, Ark., driver shadowed race leader Greg Williams of Haubstadt, Ind., for six laps before making the money pass in turn two. Moyer quickly stretched his lead to 30 lengths while Williams tried to beat back the challenge of Donnie Moran of Dresden, Ohio.

Moran finally got around Williams and set his sights on Moyer. But even though two caution flags in the next 60 laps allowed Moran to see Moyer's rear spoiler, Moyer sped away on the restarts and build a sizeable lead. Chasing Moyer across the stripe were Moran, Williams, Mark Minor, Stockbridge, Georgia and Skip Arp of Georgetown, Tenn.

Belleville's Wayne Downing won the Open Competition Modified feature over Mike Baggard of Wood River, Bryan Collins of St. Louis, John Sheets of Brighton and Tom Sheets of Brighton.

Saturday's NASCAR Winston Racing Series Modified feature saw Springfield's Larry Hughes win his fifth of the season. Hughes shadowed race leader Wayne Downing for 13 laps before taking the lead.

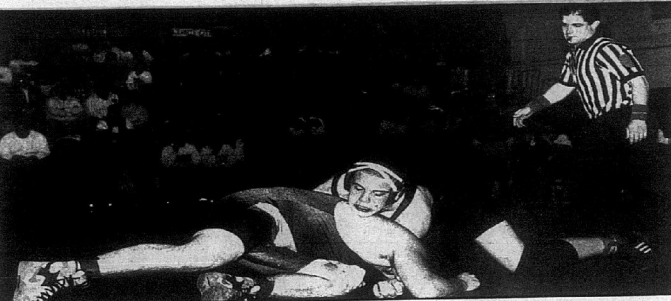
John Dickerman of Fenton, Mo., won his second Busch Series Pro Stock feature, besting Brian Crouch of Troy, Mo., and Mark Freeman of Overland, Mo.

The heats went to Crouch and Pat Ryan of East Alton. Bobby Hawks scored his third SKOA Pro Racing Spring Car main over Ricky Logan and Springfield's Tommy Scott. Both Hawks and Logan captured the heats.

Chris Simmerman won his fourth Mountain Dew Street Stock main, beating B.J. Seels and Bob Williams to the line.

Simmerman and Dan Pilkington won the heats.

(See RACE, Page 3B)



Kevin Venne, top, was among the local wrestlers who competed in the National Juniors Dual Team Wrestling Meet.

Squad can't pin down win

Local matmen square off against country's best

WRESTLING

By **Patrick C. Heston**
 Staff writer

The National Juniors Dual Team Wrestling Meet, held at Southern Illinois University at

Edwardsville over the July 4 weekend, brought together some of the premier teams and individuals from around the nation in both Greco and free-style wrestling.

From a competition standpoint, it doesn't get any better than it was at the Vadalabene

Center this past Wednesday through Sunday.

The Illinois Nationals, made up of individual state champions, placed third in both forms of competition, edged 26-23 by Oklahoma in the free-style

(See MATMEN, Page 3B)

Local pro's nephew adds television work to growing golf resume

Several years ago this corner noted that the best golf commentator on television was Bob Goaly, whose work with NBC was excellent because of the Belleville pro's ability to explain the game to the viewer.

Well in advance of the computer age, Goaly was great at analysis and left no question as to club or shot selection for distance.


Art Voellinger

No wonder, then, why I'm forecasting similar success for Bob's nephew Jerry Haas, who has worked as a commentator

for the Golf Channel twice this summer with two additional tournaments ahead in mid-July in Jackson, Miss., and in August in Odessa, Texas.

Even though I have no satellite dish to catch Haas' work, it took just a few moments recently to realize the 33-year-old veteran of the PGA and Nike golf tours has the insight and confidence to serve as a commentator on any TV net-

work.

What led me to taking time from Jerry's work as a teaching pro at Yorktown Golf Course was a question related to Centralia native Tom Wargo's plight in the recent U.S. Senior Open in Olympia Fields, Ill.

On the 16th hole of the third round, Wargo took a double bogey 6 when he was assessed a stroke by a USGA official.

After missing a short putt, Wargo reached over the hole with his putter and in an apparent attempt to strike the ball, hit the ground a few inches behind the ball. Then, he lifted the club and putted the ball into the hole.

"He's lucky he wasn't assessed two strokes for hitting a moving ball," Haas explained of Wargo's action that could have been seen as

an attempt and then a penalty for hitting a moving ball.

Wargo tried to explain that when his club hit the ground, it wasn't an attempted putt, but Trey Holland, chairman of the USGA Rules of Golf committee, ruled in review it was a stroke.

According to Holland, "there's certainly some degree

(See ART, Page 3B)

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SPORTS

•End

(Continued from Page 1B)

(homer, three RBIs), Mike Robertson and Jeff Silvey each contributed two hits.

"We feel like we can hit the ball in this ballpark," Blackledge said. "We did what we had to do. We've got up and down a pretty good group of hitters."

Blackledge also received a stellar relief performance from Marc Vaughn. The lefty replaced ineffective starter Doug Fox in the second. Fox had worked five innings and earned the win Friday.

Vaughn, who picked up the win, went 7 1/2 strong frames, allowing only six hits and three runs—all earned—while fanning three.

"(Vaughn) was my choice to start, but then I talked myself out of it," Blackledge said. "He's a kid that can be a good one. That's about as good as he's thrown all year."

"Normally, you can't win baseball by just having good hitters. You're going to have to have somebody getting people out, and Vaughn got them out."

Granite City, which flogged the Printers 32-1 in last year's title game, started strong against East Alton, darting to a 3-0 lead after one half inning. After East Alton tied it in the home half, the Steelers, previously known as the Clippers, ripped off another three-spot in the second.

Behind 6-4 in the third, however, East Alton again drew even on Duenas two-run bomb. Bugger, who played exceptional defense at third base, followed with a double and scored on Burris' two-out RBI single, giving East Alton the lead for good.

The Silver Bullets then added single tallies in each of the



Darin Hendrickson watches the play.

final four innings. DePew's club scored two runs in the ninth on solo shots by Jason Husman and Jason Wood—who each collected two hits—but fell short. Billy Niepert suffered the loss for Granite City. In 2 1/2

innings, he surrendered nine hits and seven runs, five earned. John Moad contributed a two-run homer and Harshbarger belted a solo shot for the Steelers.

•Pat

(Continued from Page 1B)

of the loudest and longest I have ever known. It had more somersaults than an Olympic gymnast in floor exercise competition. I didn't know whether to watch the judges' point totals or check the Richter Scale reading.

It suddenly dawned on me that I had just seen a shad.

There were also several slides during the game, but they quickly slipped away into the collective subconscious of the crowd. But the shad slipped with the spectators. I was in the game and became the topic of evening stories and much laughter. Dizzy was right.

•Third

(Continued from Page 1B)

good enough pitching. But when the bats are quiet (and you don't score a lot of runs, you're not going to win.)

Valmeyer sorely missed the production of Kris Landgraf, out with a wrist injury, and his knee Saturday. Hoffmann is out indefinitely.

"On the bench, we really are young, but at the same time, we really don't have anybody to replace them as far as their hitting ability is concerned at this time," Pieper said. "Hopefully, we'll get them back pretty quickly."

Kenny Mathews put the Lakers up 1-0 in the second inning with a solo home run.

But O.B. Clark (17-6), making his first Valmeyer Tournament appearance since 1986, responded in the home half of the second on a walk, a hit and Binkholder's round-tripper.

In the fifth, Ed Ross singled leading off, swiped second base and scored on Reed Hartman's double. Balala then swatted his two-run blast.

O.B. Clark, which fell to East Alton in the semifinals 7-6 Saturday on Mark Briggs' ninth-inning solo shot, added another fifth inning tally on Keith Kimbler's infield RBI single.

The Lakers crept to within 7-3 in the seventh without a hit. Horne and Mathews walked leading off and were

Valmeyer Mid-Summer Classic at Borsch Memorial Park

Friday, July 4

Game 1: O.B. Clark 8, Millstadt 6

Game 2: East Alton 7, St. Louis Printers 6

Game 3: Granite City 10, Beckemeyer 0

Game 4: Valmeyer 10, KMOX Metro Collegians 1

Saturday, July 5

Game 5: Beckemeyer 23, Metro Collegians 10

Game 6: St. Louis Printers 13, Millstadt 10

Game 7: East Alton 7, O.B. Clark 6

Game 8: Granite City 7, Valmeyer 1

Sunday, July 6

Consolation: St. Louis Printers 12, Beckemeyer 11

Third place: O.B. Clark 7, Valmeyer 3

Championship: East Alton 11, Granite City 8

lined to center, ending the threat.

Aaron Rakers went the first four innings for the win. He yielded just one hit and one run while fanning five. Three relievers then combined for five innings of two-hit work.

Chris Kohut took the loss for Valmeyer, allowing eight hits and six runs—all earned—in four-plus innings.

The Lakers, who also lost in the third place game last season, host Brighton Sunday.

"Our situation right now is that we're a few games out of first place, but we're in contention to possibly end up second," Pieper said. "And hopefully we can make a run at the end. The big key probably is getting Craig Hoffmann and Kris Landgraf back in the lineup, and hopefully they're able to join us soon and stay healthy the rest of the year for us."

The St. Louis Printers, who lost to Granite City 32-1 in the tournament finals last year, claimed the consolation championship by rallying past Beckemeyer 12-11 Sunday.

Beckemeyer, the first-ever Clinton County League representative in the Mid-Summer Classic, scored three runs in the top of the ninth for an 11-10 lead. But the Printers answered with a pair in the home half, capped by Tim May's RBI single, to record a 12-11 win.

came away with a minimum of two or three wins.

Richie Clark (98 pounds), John Kelly (123), Matt Werner (143), Brooks Narvaez (154) and Kevin Vence (191) rounded out the local squad.

"We didn't place, but I was pleased with our performance," said Kirgan. "We gave our best against the best wrestlers in the United States of America. It was a great experience for the kids. It will only help them become better wrestlers down the road. We wrestled well, and we became better. That's what we were after."

Next year's National Juniors Dual Team Wrestling Meet will be in Oklahoma.

"That's fine with me," said Narvaez. "I want to get back all these mats."

Though the Granite City contingent did not place as a team or as individuals, "they wrestled well," Kirgan said.

Narvaez (132 pounds), who failed to pick up a win, each of the Granite City wrestlers

•Art

(Continued from Page 1B)

of judgment involved here, and from our perspective I think it was a difficult call."

Difficult is also how Haas would describe juggling his golf career and a family.

While winning four of the first six PGA Section events he entered this year, he also is enjoying time with his wife Elizabeth and 22-month-old daughter Shannon.

Meanwhile, he still is eligible to compete in events on the Nike Tour, where in 1994 he may have been the hottest golfer on any level by shooting 91 under par during an eight-week period.

To qualify for the '95 PGA Tour, Haas, who turned pro in

1986, finished ninth in Nike earnings by winning back-to-back titles in the Tri-Cities Open and Sonoma County Open.

Will he try to regain PGA status through the qualifying school in '97? Haas, whose brother Jay remains among the current PGA leaders, left that question open while reassuring how much he currently is enjoying what he's doing.

My bet is that continued appreciation of his TV work as a commentator by Sports Channel officials and others might well lead him to additional success in golf.

(Art Voellinger is the baseball analyst on sports cast at O'Fallon High School.)

Wanted: Stats, standings

The Journal is always on the alert for organized recreational sport results. If your league is interested in having weekly standings and results published, please send information to:

Journal Sports, 1815

Delmar, Granite

City, Ill. 62040

or fax to:

876-4240.

For more

information, call the

Sports Department at

877-7700.



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•Race

(Continued from Page 1B)

Joe Dresch won his first career Quaker State Short Track Modified feature ahead of Mark Anderson and Rick Jones. Dean Vickers and Tim Bartsch took the heats.

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NEWS

CALENDAR

Church

THE BLOOD OF THE LAMB PRAYER AND BIBLE STUDY. The public is invited to come for praise and worship, teaching from the Word and prayer for your needs every Tuesday from 10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 2301 Orville, Granite City. A nursery will be provided. If a ride is needed, call 451-4200 or 1 (314) 888-1805.

NOON BIBLE STUDY. Nameoki United Methodist Church, 1900 Pontoon Road, every Wednesday from 12-1 p.m. Bring a sack lunch and Bible.

MONDAY NIGHT WORSHIP SERVICE. every Monday evening at 7 p.m. for those who can't attend Sunday services, Nameoki United Methodist Church, 1900 Pontoon Road.

GENERATION JESUS YOUTH GROUP. led by youth minister, 6-8 p.m. every Sunday at Nameoki United Methodist Church, 1900 Pontoon Road.

CENTRAL CHRISTIAN CHURCH. 2020 Johnson Road, hot Sunday School at 9:30 a.m. and morning worship at 10:45 a.m. every Sunday. Everyone is welcome.

Dance

MIDWESTERN UNITED STATES IMPERIAL DANCE CLUB (MUSIC) will hold its regular meeting Sunday, July 13, 6 p.m. at the American Legion Hall in Collinsville. The public is invited for dance lessons and open dancing at a cost of \$4 for nonmember and \$2 for members. For more information, call 463-2406.

BOOTS & SUPPERS SQUARE DANCE CLUB. square dance lessons, 7 to 9 p.m. every Tuesday, First Christian Church, across from the Cracker Barrel, Caseyville. The cost is \$2.50 per person, per lesson. For more information, call 797-6528 or 344-4636.

Food/Nutrition

RESCUE MISSION. 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon every Saturday. Samuel Turner is the chairman, Valinda Turner is the secretary and Alfred Turner is the pastor.

Health/Exercise

Bemis Chiropractic, 3361 Felling Road in Granite City, is offering **FREE ELECTRONIC SPINAL SCREENINGS** from 9 a.m. to noon every Tuesday when you call 876-2273 for more information.

TAKE OFF POUNDS SENSIBLY Chapter 2663, 6:45 p.m. every Thursday at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6361 or 877-4784.

FREE SENIOR CITIZEN EXERCISE CLASS. 9 a.m. every Thursday. Anchorage Recreation Center, 2909 Edwards.

TOPS 2048 (Take Off Pounds Sensibly). 8 p.m. every Monday, Melvin Price Support Center in Granite City, 876-2124.

TOPS IL 845. 7 p.m. every Monday, Anchorage Recreation Center, 2909 Edwards St., Granite City, 452-6102. Men and women welcome.

TOPS 1698 (Take Off Pounds Sensibly) will meet at 6:45 p.m. every Tuesday at the Anchorage Recreation Center, 2909 Edwards St., call 797-2724 for more information. Men and women are welcome to attend.

St. Elizabeth Medical Center's Behavioral Health System is presenting a talk on "REBEHAVEMENT." The talk, give by Dr. Edith Brayer of the Behavioral Health System will be held at St. Elizabeth Medical Center's Pascal Hall at 7:30 p.m. Tuesday, July 16. Talk is free and open to the public. Call the Resource Center at 798-3388 to register, or for more information.

Organizations

AMERICAN ASSOCIATION OF RETIRED PERSONS CHAPTER 1349. meets at Granite City Township Hall second Wednesday of each month. Doors open at 5 p.m., refreshments served at 6 p.m. All seniors 50 and over are welcome. For information call 831-2262 or 876-2200.

MEN'S FELLOWSHIP GROUP of Central Christian Church meets at 8:30 a.m. the second Wednesday of each month for breakfast and fellowship. For more information and/or location of meetings call 931-2098.

NAVY MOTHERS CLUBS OF AMERICA. meet at 7:30 p.m., second Thursday of each month, at the Veterans of Foreign Wars Post in Granite City. Mothers, fathers, daughters, wives or sisters of former and present Navy, Marines, Coast Guard or Sea Bees are encouraged to join. For further information, call 831-2262 or 876-2200.

THE JOLLY QUILTERS. 9 a.m. to 2 p.m., every Thursday at the Social Center, 908 Thorngate Drive, Mitchell.

GRANITE CITY COMMUNITY BAND rehearsals, 7:30 to 9 p.m. every Thursday, St. John United Church of Christ, 2001 Nameoki Road, Granite City, 831-0443.

GRANITE CHAPTER 650 ORDER OF THE EASTERN STAR meets the second Friday of each month, 7:30 p.m., at the Masonic Temple, 2010 Street and Cleveland Boulevard in

Granite City

DOWNTOWN NEIGHBORHOOD RESTORATION SOCIETY. 8 p.m., second Friday of each month, Granite City, 876-7715.

QUAD CITY YOUTH FELLOWSHIP. meets the second and fourth Saturday of each month, 2257 Cleveland, 7 p.m., 831-3450 or 877-4848.

TOASTMASTERS INTERNATIONAL meets the first, third and fifth Tuesday of the month from 7:30 p.m. at Shoney's, Hwy 157 (84 Commerce Drive), Collinsville. Come join us for better communication and leadership skills. For more information call 692-0226 or 344-2288.

KNIGHTS OF COLUMBUS, 4TH DEGREE. 4225 Old Alton Road, 7:30 p.m., third Tuesday of each month, 877-4250.

GRANITE CITY KIWANIS meet at Shoney's at 7:30 a.m. every Tuesday.

The Troy/Maryville/Collinsville chapter of Business Network Int'l (BNI) meets every Tuesday at 7 a.m. at Randy's Restaurant in Troy. For more information, please call Lisa at (618)667-8340.

School

SCHOOL OF METAPHYSICS. 7:30 to 10:30 p.m., every Tuesday, 9459 Roslan Place, St. John, Mo. 63114. Classes in applied metaphysics. Call Melanie McManus at 429-0076.

Seniors

PONTIAC BEACH SENIOR CITIZENS BINGO. every Wednesday, 11:30 a.m., 3910 Illinois 111, Pontoon Beach.

ATTENTION MEDICARE BENEFICIARIES. Come and hear how Advantage can give you complete healthcare coverage. You are invited to hear a presentation every Thursday at 10 a.m. at the Pontoon Beach Senior Center, 3910 Highway 111, Pontoon Beach.

EAGLE PARK ACRES SENIORS of MADISON meet every Thursday from 10 a.m. to noon at 101 Hill St. (rear), Eagle Park Acres, Madison.

FREE SENIOR CITIZEN EXERCISE CLASS. 9 a.m., every Thursday, Anchorage Recreation Center, 2909 Edwards.

FRIDAY AFTERNOON PINOCCHIO CLUB for seniors 55 and over meets at 2 p.m. every Friday at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

Support Groups

STROKE SUPPORT GROUP. for patients, their families and caregivers, 6:30 p.m., second Wednesday of each month, St. Elizabeth Medical Center. Refreshments are served. Call 798-3018 for more information.

PULMONARY SUPPORT GROUP. for persons with diagnosed lung condition, 11 a.m. to noon every Wednesday in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3018.

ALCOHOLICS ANONYMOUS. 11 a.m. and 8 p.m. every Wednesday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

MULTIPLE SCLEROSIS SELF-HELP GROUP meets from 7 to 9 p.m., second Thursday of each month, in Pascal Hall at St. Elizabeth Medical Center, 2100 Madison Ave. in Granite City. Call 797-2780 or 451-0728 for more information.

ALCOHOLICS ANONYMOUS. 8 p.m., every Thursday, Presbyterian Church, Mitchell, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS. 11 a.m., every Thursday, 2116 Club, 2116 Edison Ave., Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS. 8 p.m., every Thursday, Presbyterian Church, Mitchell, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS. 11 a.m., every Thursday, 2116 Club, 2116 Edison Ave., Granite City, 1 (800) 307-6600.

ALANON. 7 p.m. every Thursday, Wellness Center, 2103 Iowa, 463-2429.

NARCOTICS ANONYMOUS. Seeking recovery, 8 p.m. every Thursday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

SOUTHERN ILLINOIS DIVORCED AND SEPARATED CATHOLICS. second Friday of each month (September through May), 7:30 p.m., St. Boniface School, 128 N. Buchanan, Edwardsville.

ALANON meets at 8 p.m. every Friday in the Milsons Room in the basement at St. Elizabeth Medical Center. Call 463-2429 for more information.

ALCOHOLICS ANONYMOUS. noon and 8 p.m., every Friday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

STEMS (Support Together for Emotional and Mental Serenity and Sobriety). A support group for people with a mental illness and an alcohol or substance abuse problem, meets every Friday from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center. Call 798-3604 for more information.

DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY will meet from 1 to 3 p.m., every Friday, at Woodrider Township Hospital, Barbara Hopkins and Alice Elam are the co-leaders. For more information call the DMDA office at (314) 776-3969.

ALANON ADULT CHILDREN. Providence, 2103 Iowa, 10 a.m. every Saturday, park in rear, no smoking, 463-2429.

ALCOHOLICS ANONYMOUS. 8 p.m. every Saturday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

NARCOTICS ANONYMOUS. Acceptance, 8 p.m. every Saturday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

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ALCOHOLICS ANONYMOUS. noon and 8 p.m., every Monday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALANON. 9:30 a.m. every Monday, 2116 Club, 2116 Edison, Granite City, 463-2429.

CHEMICAL DEPENDENCY RELAPSE PREVENTION group meets from 6:30 to 8:30 p.m. every Monday at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3808.

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NARCOTICS ANONYMOUS. Live the Steps, 8 p.m. every Sunday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

ALCOHOLICS ANONYMOUS. 8 p.m. every Sunday, St. Elizabeth Medical Center, Pascal Hall, main floor, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS. noon and 8 p.m., every Monday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

NEWS

BIRTHS

Kinnard, Rachel Marie
KEITH AND JANE KINNARD of Troy have announced the birth of their second child, a daughter. Rachel Marie was born at 1:55 p.m. April 24, 1997, at Anderson Hospital in Maryville. She weighed 7 pounds, 9 ounces, and joins Jacob, 2.

Her maternal grandparents are Paul and Toni O'Brien of Collinsville.

Paternal grandparents are Mary Ann Kinnard of Caseyville and Lavon Kinnard of Succcess, Ark.

Chapman, Kristen Nicole
CAPT. GREGORY AND KELLY CHAPMAN of West Carrollton, Ohio, have announced the birth of their second child, a daughter. Kristen Nicole was born at 4:25 p.m. April 24, 1997, at Wright-Patterson Medical Center in Dayton, Ohio. She weighed 6 pounds and joins a brother, Nathaniel, 3.

Her maternal grandparents are Al and Charlene Ross of Collinsville.

Dr. and Mrs. Edwin Chapman of Hickory, N.C., are the paternal grandparents.

Stegemeier, Corey Patrick
TOM AND MARCEE STEGEMEIER of Granite City have announced the birth of their first child, a son. Corey Patrick was born at 10:34 p.m. April 24, 1997, at Christian Northwest Hospital in St. Louis. He weighed 7 pounds, 8 ounces.

His maternal grandparents are Wayne and Karen Wil-

liams of Granite City.

Robert and Elizabeth Stegemeier of Granite City are the paternal grandparents.

Marlinghaus, Erica Ann
LARRY AND JULIE MARLINGHAUS of Caseyville have announced the birth of a daughter. Erica Ann was born at 2:22 p.m. April 25, 1997, at Anderson Hospital in Maryville. She weighed 8 pounds, 5 ounces and joins Lauren Elizabeth, 3.

Her maternal grandparents are Jesse and Norma Gross of Caseyville.

Larry and Kate Marlinghaus of Caseyville are the paternal grandparents.

Bauer, Grant Emerson
JAYSON AND AMY BAUER of Maryville have announced the birth of a son. Grant Emerson was born at 4:08 a.m. April 25, 1997, at Anderson Hospital in Maryville. He weighed 6 pounds, 7 ounces.

His maternal grandparents are William Lundak of Collinsville and Linda Pfisterer of Centralia.

Orland and Linda Bauer of Centralia are the paternal grandparents.

Hulten, Brenden Alexander
ERIC AND THERESA HULTEN of Highland have announced the birth of their second child, a son. Brenden Alexander was born at 8:12 a.m. April 25, 1997, at Anderson Hospital in Maryville. He weighed 7 pounds, 8 ounces and joins a brother, Ryan, 4.

His maternal grandparents are Kenneth Canaday and Kitty Canaday of Pond Creek, Okla.

Geri Vitt and Jim Hulten of Collinsville are the paternal grandparents.

Harres, Samuel Austin
SCOTT AND JENNIFER HARRES of Millstadt have announced the birth of their first child, a son. Samuel Austin was born at 12:08 p.m. April 25, 1997, at St. Luke's Hospital in Chesterfield. He weighed 9 pounds, 14 ounces.

His maternal grandparents are Jack and Cheryl Jones of Millstadt.

Kenneth and Virginia Harres of Millstadt are the paternal grandparents.

Palmisano, Madisen Elizabeth
BRIAN AND CARI PALMISANO of Granite City have announced the birth of a daughter. Elizabeth was born at 10:18 p.m. April 15, 1997, at Anderson Hospital in Maryville. She weighed 6 pounds, 4 ounces.

Her maternal grandparents are Bob and Brenda Murray of Granite City.

Paternal grandparents are Gus and Gloria Palmisano of Granite City.

Chism-Nichols, Hannah Marie
ANGIE CHISM AND JASON NICHOLS of Granite City have announced the birth of a daughter.

Hannah Marie was born at 11:14 a.m. April 26, 1997, at Anderson Hospital in Maryville. She weighed 7 pounds, 15 ounces.

Her maternal grandparents are James and Patricia Chism of Granite City.

Terry and Linda Nichols of Granite City are the paternal grandparents.

Tehandon, Adrian Thomas
BERNARDO TEHANDON AND LOU ANN WOOD of St. Rose have announced the birth of a son. Adrian Thomas was born at 8:57 a.m. April 27, 1997, at St. Luke's Hospital in Chesterfield, Mo. He weighed 7 pounds, 15 ounces.

His maternal grandparents are Dr. Byford and Ruth Wood of Breesee.

Salvador and Oliva Tehandon of Mexico are the paternal grandparents.

Knight, Madelyn Marie
GLEN AND JULIANE KNIGHT of Edwardsville have announced the birth of a daughter. Madelyn Marie was born at 11:53 a.m. April 28, 1997, at Anderson Hospital in Maryville. She weighed 7 pounds, 2 ounces.

Her maternal grandparents are Sharon and Charles Janda of Bolingbrook.

Guy and Dorothy Knight of Greenville are the paternal grandparents.

Wrigley, Richard Joseph
RICHARD AND DEBORAH WRIGLEY of Collinsville have announced the birth of a son.

Richard Joseph was born at 12:07 p.m. April 28, 1997, at home. He weighed 7 pounds, 9 ounces and joins Hannah, 9, Jacob, 7, Grace, 6, Isaac, 4, and Lily, 17 months.

His maternal grandparents are Herman and Joan Compton of Collinsville.

David and Carol Webb of Collinsville are the paternal grandparents.

Great-grandparents are Adele Compton of Collinsville and Floyd Wrigley of Collinsville.

Hunter, Cody Michael
HEATHER FUTRELL AND MIKE HUNTER JR. of Troy have announced the birth of a son. Cody Michael was born at 2:43 p.m. April 28, 1997, at Anderson Hospital in Maryville. He weighed 6 pounds, 12 ounces.

His maternal grandparents are Debra Lovell of Troy and Randy Futrell of Collinsville.

Shirley Wilson of Swansea and Mike Hunter Sr. of Collinsville are the paternal grandparents.

Great-grandmothers are Gloden Coffey of Troy and Lura Tucker of Swansea.

How to choose a nursing home

by Paula Harry

There comes a time in many of our lives that we must face the inevitable and choose a nursing home for a loved one. Perhaps it will be for your mother or father, grandparent or spouse or perhaps for a dear friend or neighbor that has no one else to do so. Whoever the choice can be difficult. There are so many questions to ask, so many things to consider. After working in the nursing home industry locally for the past 14 years, I feel I have gained a few insights that you may find helpful.

1. Always visit several care facilities for comparison. If possible, stop ahead so you know what is available. This is not a decision that should have to be made quickly or without careful consideration.
2. Prepare a list of your questions in advance and take it along.
3. Talk with the residents and/or visitors while touring the center. Ask if they are happy there.
4. Speak to direct care staff members, such as the nurses and nurses' assistants. These are the front-line people who will be spending the vast majority of time with your family.
5. If possible, sample the food. If not, ask for a menu for the week to be sure there is a wide variety. Ask if substitutes are always available.
6. Ask to see the results of the center's yearly Public Health Inspection. This should be posted for visitors to find easily.
7. Is there an on-site beauty/barber shop, a chapel for religious services, a private place to visit with your family?

Keep in mind that despite the bad and negative publicity that sometimes surrounds nursing homes, the majority of care facilities do strive to provide quality care to their residents. For every horror story you may have heard, there are countless stories of love and kindness and generosity that you haven't heard. I have had the fortune to work with a great many truly dedicated people who often exceed their expectations just because they care.

For more information or if you have questions, please feel free to contact me at Calvin Johnson Care Center at (618) 234-3323. Ask for Paula Harry.

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Calendar

(Continued from Page 4B)

THE CIRCLE OF HOPE, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. every Tuesday at the King's House on North 66th Street in Belleville. For more information, call 234-0291.

NARCOTICS ANONYMOUS, Path to Recovery, 8 p.m. every Tuesday, 2016 Delmar Ave., 24-hour hot-line 398-0409.

Veteran Services
DISABLED AMERICAN VETERANS CHAPTER 65 will offer a service officer from 1 to 3 p.m. every Wednesday at the Tri-City Veterans

Home, located at 1417 19th St. in Granite City. Call 876-7616 for more information.

Other

MADISON COMMUNITY ACTION GROUP, meets at 7 p.m. every Wednesday. For more information call Dan at 452-2336 or Diane at 876-1300.

MADISON COUNTY GENEALOGICAL SOCIETY, meets 7 p.m. second Thursday of each month, at Immanuel United Church, 800 N. Main, Edwardsville.

EDWARDSVILLE KENNEL CLUB, 7:30 p.m., second Thursday of each month, Hayes Mallory Community Building, 216 Crane St.,

Edwardsville, open to public.

EAGLES AUXILIARY 1126 BINGO, 1 p.m. every Sunday at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffish.

OLD SIX MILE MUSEUM, 327 Maryville Road, Granite City, is open to the public each Sunday from 1-4 p.m. through December 15. Special tours for groups are available. Call Georgia Engleke, 831-3023, to arrange a tour or call 831-1352 for more information.

HANGIN' OUT, led by youth minister of Nameoki United Methodist Church, 3000 Pontoon Road, every Monday evening from 6-8 p.m. For more information, phone 877-1836.

GATEWAY SOUNDS CHORUS, 7:30

p.m. every Tuesday at the Collinsville Senior Citizen Center, 420 E. Main, Collinsville. For more information, call Joyce Greiner at 398-8853.

NEW OPPORTUNITIES, INC. ANNUAL MEMBERSHIP MEETING, 7 p.m. Wednesday, July 9, at New Opportunities (formerly known as Cash, Inc.), 621 State Street, Madison.

Has divorce sabotaged the carefree days of summer? Whether in the separation or divorce process or divided for years, SECOND CHAPTER can make a positive difference in working through the chaos. A 14 week session begins Aug. 23. For more information, call (314) 767-9816.

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Sale ends 7-15-97

ENTERTAINMENT



Nicolas Cage (left) and John Travolta prepare for a showdown in "Face/Off."

'Face/Off' is explosive thriller

By Ronnie Roy
Staff writer

Move over, Bruce. Give it a rest, Sly. Chill out, Arnold. Nicolas Cage is the new king of summer action movies. Just three weeks after taking theaters by storm in "Con Air," Cage returns in "Face/Off," this time playing psycho-killer Castor Troy, who would be right at home flying the unfriendly skies with Cyrus "The Virus." That is, when he is playing Castor Troy. See, it gets tricky. And that's where the fun begins. As the movie opens, Troy is sitting on a hill, waiting for the right moment to shoot his enemy, FBI agent Sean Archer (John Travolta). But Troy accidentally kills Archer's young son instead, and Archer spends the next six years trying to catch the terrorist-for-hire. In an explosive opening scene, Archer captures Troy and his brother, Pollux (Alessandro Nivola), but not before the brothers plant a bomb at the convention center in Los Angeles. Troy ends up in a coma, and the only person who knows where the bomb is is

Pollux, who won't talk to anyone but his brother. The solution, in a bizarre sci-fi twist, is to literally surgically remove Archer's face and replace it with Troy's. It's a secret little procedure known only by a few government officials. Archer reluctantly agrees and soon, now with Troy's face (the procedure also changes the person's voice and body to match the original), he is sent to a high-tech prison where he will try to get the secret out of Pollux. Unfortunately, Troy takes this moment to come out of his coma. Quite upset about no longer having a face, he contacts some of his thugs, who kidnap the scientist and force him to repeat the procedure, this time putting Archer's face (currently floating in a bottle) on his face. He then destroys the lab and kills the few people who knew about the switch, leaving him free to take over Archer's life while Archer (now Troy) languishes in prison. Confused yet? Don't be. While it's hard to explain in print, it comes together without a hitch on screen. "Face/Off" is an original action-thriller and just what the summer needed after

a series of somewhat disappointing sequels. Cage and Travolta are in top form playing both hero and villain. They mimic the speech patterns and characteristics of each other so well you can easily imagine that's really Travolta's character inside Cage's body, and vice versa. Caught in the middle of this confusion are Archer's wife and daughter (Joan Allen and Dominique Swain), and Troy's girlfriend (Gina Gershon) and partner (Nick Cassavetes). But it's not just a character study. Director John Woo also delivers the explosive, over-the-top action sequences that made him a star of Hong Kong filmmaking. Actors dodge bullets and fire guns in ballet-like choreography. The speedboat chase makes "Speed 2" look like a tugboat race. This film is not for the squeamish.

Wednesday, July 9
Mercury joins lovely Venus in Leo, so affection is generously shown in sometimes outrageous displays. Don't be embarrassed when loved ones brag of your romantic powers or when employers voice your sub expertise. Everyone deserves time in the limelight, though sensitive Cancerians may shy away from all the attention. Older and younger relatives call a family truce. Marriage plans result in great happiness and future security.

ARIES (March 21-April 19). You have the power to rekindle old loves if you choose, so pick up the phone, or send an e-mail. Impending news favors legal matters, contracts, travel and those in communications.

TAURUS (April 20-May 20). You can't have everything—a choice is vital. Indecision interferes with luck. Concrete business proposals arrive. Employers give you a favorable recommendation. Coworkers impede your effectiveness.

GEMINI (May 21-June 21). Ask for a job transfer. Relocating for business is lucky. Your spouse will help solve a financial crisis. You'll also be awarded for past achievements. Writing, painting or musical talents bring instant recognition.

CANCER (June 22-July 22). Corporate maneuvers are tricky, so updated job skills and information are vital. Salespeople attract new clients. Presumptions about a child are incorrect. Resist pressure from in-laws. Superiors at work expect favors from you, but they'll lead to upcoming promotions and raises. Financial luck is linked to a special project. Loans must

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be paid on time. Homemakers find part-time jobs.

TODAY'S BIRTHDAY (July 9). Publishing, legal and financial affairs come through relocating. Luck in August and September is found through a college friend or working pal, helping you find new employment. Romance is idyllic with an Aries or Sagittarius. Marriage is good this month or in November. Further schooling this year is essential for business luck. Lucrative partnerships with Gemini are favorable, and money comes through from investments in March.

VIRGO (Aug. 23-Sept. 22). Romance with a co-worker jeopardizes your marriage. Older colleagues give recommendations. An ex returns, asking for more money. Make a commitment to your current love.

LIBRA (Sept. 23-Oct. 23). Contract negotiations favor you. Social activities allow you

to get a better perspective on a business problem. Your employer will listen to your complaints. Surprise checks make a trip possible.

SCORPIO (Oct. 24-Nov. 21). You are centered on solving a mystery. Spurge on a current love. A gift means more than you know. Take time for romance—it is essential for future happiness. Find luck through speeches and seminars.

SAGITTARIUS (Nov. 22-Dec. 21). Your enhanced physical confidence makes you someone what of a sex symbol. Others are playing politics at work. Cover yourself as a boss will ask to see vital records.

CAPRICORN (Dec. 22-Jan. 19). Hot dates are proposed to you for the weekend by a Gemini or Scorpio. Be selective about whom you fall in love with. A "love 'em and leave 'em" type could appear. Concentrate on business.

AQUARIUS (Jan. 20-Feb. 18). Baby-sitters allow working mothers to accept promotions. Energy, luck, money and adventure make you dynamic and attractive. Job interviews are successful. New companies are intrigued with your ideas.

PISCES (Feb. 19-March 20). Your finances improve when you visit relatives. You'll find lost objects. Banks eating more credit. Money spent on family allows you to finally feel like the success you are. A temporary position becomes

TRIVIA

By Kevin Carber
Correspondent

A few weeks a magazine ran a list of 100 greatest television episodes of all time. I did a pretty good

First of all, several lousy telegrams along with that legitimately the list. Nothing Brady Bunch, Boat, "The Parly" or "Lost in Space" on any roster of these shows had of entertainment none was worthy of a list.

Also, how do lame episode of but nothing "Squid" which How do you from "The M" fail to include "The Wild, Wild" of the

rightly were in compilers made as to which of should have made

"Seinfeld" be "The Boyfriend" which TV Guide on its list. Another was "The Inten" of "MASH," ous and kind of they should have with Five O'Clock TV Guide did it was

right. "Fawlty Towers" Cleece comedy receive some appreciation. It was show.

As to the list show were got that of "Chuckles Bitter" code of "Moore Show" most hilarious half-hours ever the tube.

For this week will give you certain TV. Name the star is m staff of an single to him. A one-scoper party pooper! 2. On a sure" episode town radio 1 fling a cow w 3. Which p run by indic series had be mind of an at 4. In the code of "Se Elaine's gets 5. From a to Beaver,"

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A Wedding Reception I Waiting To H

All the elega equipment you just for you

THEATRE

A-1 F Your Wedn 1200 Ba 2415 P 345-60

2 DAY TUNIC CASIN HOTEL 5 MI AUG

EUREK July

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AND BRANS Aug

BL BAD Aug

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Br Christm all tours do and se prices listed

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FRIDAY: ROUTE 3 (8 to 12 Midnight)
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Now you can buy one machine that has both regular stitches and a serge stitch. An optional cutter is available to trim the fabric edge.
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SAT/SUN, MAT 2:00

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Sunday Crossword Puzzle

Edited by Joyce Nichols Lewis

"REVOLUTIONARY HIGHLIGHTS"

By FRANCES HANSEN

"ACROSS"

1 Shakespeare, notably

2 Track events

3 Bringing down the house

4 Winsome girl, informally

5 "St. Elsewhere," 4. An

6 "Rome of Hungary"

7 New Mexico's colorizer

8 Howie's

9 "Nessun

10 Where Burgoyne was

11 Laundia

12 Residents

13 Maine university

14 Mystery writer

15 Marsh

16 Monkey or tree

17 Moe Piggy

18 In the distance

19 R.B.I., e.g.

20 Child star

21 Jackie

22 Russian tea

23 maker

24 Straightened

25 Washington was

26 Outfitted here

27 Unis here

28 London's Old

29 On — with

30 Wallers

31 Misbehavin'

32 Actor Chaney

33 Kind of trip

34 Wayne's victory

35 "17: Holden's

36 Oscar award

37 Squirrel away

38 Crescent-shaped

39 Before before

40 Country singer

41 Parton

42 Napa Valley also

43 called LaJolla

44 Winkins of PCA

45 Inscribed pillar

46 Soft shade

47 In a standstill

48 Bedevil

49 Besieged city of

50 1789

51 Tic-tac-toe

52 Winner

53 C.I. address

54 Mineral silicate

"DOWN"

1 Ragsdale with

2 Conclusive bio

3 Carpenter's tool

4 "It's bouding,"

5 Literally

6 Jacques of

7 "Mon Oncle"

8 "in — am in

9 Arcadia,"

10 Babes in arms

11 Horse color

12 Klutz's word

13 A — alla

14 Chap from

15 Pierre

16 Corday's victim

17 1777-78

18 Act like a

19 Boomerang

20 1007, e.g.

21 Plaisir

22 Founder of

23 Sicily

24 Eastern seaboard

25 Chinese city

26 Saigon

27 1777-78

28 Act like a

29 Boomerang

30 1007, e.g.

31 Plaisir

32 Founder of

33 Sicily

34 Eastern seaboard

35 Chinese city

36 Saigon

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SUMMER SALE!

JULY 9-13 WED-SUN

Spectacular savings in stores throughout the center including:

Northern Reflections All clearance merchandise up to 70% OFF.	Glik's Ltd. Swimwear 25-50% OFF. Fashion knit tops 25-50% OFF. Denim & twill shorts 25-50% OFF.	Saturday Matinee 25% OFF lowest ticketed price on all Sega, Genesis and Super Nintendo video games.	Naturalizer 30-50% OFF select clearance shoes.	Lemstone Books Up to 75% OFF selected gift items and wall art.
Fannie May Candy 50% OFF select items.	Superstars NCAA jerseys & shorts Select sale hats.	Lundstrom Jewelers 50% OFF selected jewelry starting at \$29.99.	Zarfes Luggage 10% OFF any purchase of \$50 or more. <small>(Not valid with any other offers or promotions)</small>	Mr. Bulky's 50 to 75% OFF selected candy and plastics.
Prints Plus 20% OFF any special valued red-dot frames.	Wicks 'N' Sticks Brass candlesticks \$10 Discontinued candles & holders savings of 10-50%.	B. Dalton Booksellers 50% OFF selected titles.	The Hat Zone 50% OFF selected hats, t-shirts and jerseys.	This End Up Up to 75% OFF This End Up and Wood's End replacement covers and arm cushions.
Bakers Clearance sale! Final days!	Camelot Music Clearance accessories from 33-50% OFF.	Turn 2 Collectibles 30% OFF previously issued trading cards 20% off unautographed plaques.	JW Shorts & tops 2 for \$20	Wild Pair Up to 50% OFF all clearance items.
Glamour Shots \$9.95 sitting fee (Reg. \$29.95)	Krigel's Jewelers 50% OFF all gold and gemstones 50-55% OFF all diamond solitaires, bridal sets, and wedding bands.	Glik's Guys Denim & twill shorts 25-50% OFF. T-shirts 25-50% OFF.	The Buckle New summer looks shorts, tops, dress wear 20%, 1/3 & 1/2 OFF.	The Body Shop 50 to 75% OFF select items.
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	ADDRESS _____			
	CITY _____		STATE _____ ZIP _____	
	DAYTIME PHONE _____			
<small>MULTIPLE ENTRIES ARE VOID. YOU MUST BE 18 OR OLDER TO ENTER. ST. CLAIR SQUARE STORE EMPLOYEES, MAIL EMPLOYEES AND THEIR RESPECTIVE FAMILIES ARE NOT ELIGIBLE TO WIN.</small>				

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Wise V

Garden fruits & necessity or a
INSIDE

Heart-

Terri Edelstein
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Mustard in a dog into a wor private label
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Today's Food

Wednesday, July 9, 1997

Food & Nutrition

Wise Ways

Garden fruits and vegetables await canning. Is it a tedious task, a necessity or a hobby worthy of pursuing?
INSIDE

Heart-y Bites

Terri Edelstein takes the thorny road to track down favorite berries.
INSIDE

Kid's Cuisine

Giving children a good example helps them grow up. Eat snacks at expected times, rather than off-and-on all the time. Turn the television off during meals, to include everyone in the conversation. Sit down and eat with children, no matter their age. A child has no model if a parent isn't there. Eat the same food the children eat. Compliment children on good table manners, rather than nagging them when they do something wrong. Thank the cooks before leaving the table.

Private Label Test Run

Mustard in a favorite flavor is the master stroke that turns a hot dog into a work of art. This week testers spread out a selection of private label mustards from Shop 'n Save and Schnuck Market.
INSIDE

Micro Raves

Quest for perfect hot dog — or is it a frank? — warms up ideas.
INSIDE

Lively Taste

Mint and lime form a cool combo for fruit-worthy salad dressing. Combine 1/4 to 1/2 cup fresh mint leaves, 1/4 cup oil, 1/4 cup lime juice, 2 tablespoons sugar, 1/2 teaspoon grated lime peel and 1/2 teaspoon salt until well blended. Stir 1-3/4 cups fresh blueberries; 1 large peach, pitted and sliced, and 1/2 large cantaloupe, cut in bite-size pieces (about 2 cups), into dressing. Marinate about 30 minutes. Gently toss salad with 1 head Boston or bibb lettuce, torn in pieces. Serve immediately.

Health & Fitness

Medicine Chest

Moderate exercise can reduce the production of estrogen. Four hours of exercise a week can cut the risk of breast cancer by 37 percent. The reduction may be linked to reduced estrogen production.

Fresh Picks

Look for garlic bulbs with plump cloves and papery outer skin intact. It should not be soft, spongy or shriveled. Store bulbs in a cool, dry place without refrigerating. Air should circulate around it, so a small basket wins out over a plastic bag as a holder. If using a garlic press, cut cloves in half without peeling, then squeeze them through the press. Only the pulp comes through and the papery skin is caught in the press. Wash or soak the press immediately or soak it in water so the garlic does not dry and clog the holes. If garlic has been planted in a garden, wait until the green stem above the ground dries before digging it out.

Big Fat Tip

Parfaits are a refreshing breakfast. Build one from the ground up. Layer bright fresh plums, peaches or nectarines, coarsely chopped, with a favorite fruity yogurt and crunchy cereal in a tall glass, building a high-rise to the rim of the glass.

Future Shop

Cooking at home has a new face and producers everywhere are trying to mirror it. The beef industry is developing a pre-seasoned, marinated roast to sell rotisserie-style at supermarkets. This means dinner could be sliced from the ready-to-eat roast, a bag of pre-made salad tossed with dressing kept in the refrigerator and potatoes baked in a microwave oven — in less than 15 minutes. A bonus would be leftover roast beef for sandwiches.



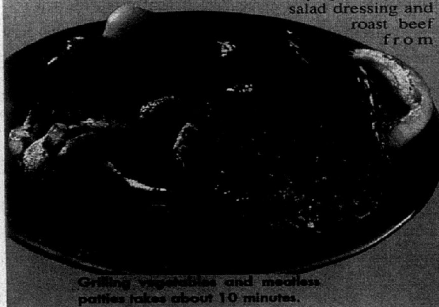
Easy Does It

Super potato salads are the best dressed in town. Use ready-made or homemade salad dressing to make Deviled Potato Salad, left; Potato Salad Santa Rosa, at top, or Steak 'n' Bean Potato Salad.

By Janice Danham
Staff writer

Some people want to eat potato salad as a summer event, but won't run through the sprinkler to get it. Their forays into the back yard are to spend five minutes cooking at a gas grill. They prefer to run barefoot through the living room carpet.

For them there is prepared potato salad dressing and roast beef from



Grilling vegetables and meatless patties takes about 10 minutes.

the deli or extras from last night's grilling. Mother Nature kindly produces fresh potatoes, cucumbers, tomatoes and onions ready to put to use in a kitchen.

Today's recipes are for them. Some showcase potato salads to be used as main dishes or side dishes.

For the best salad, choose potatoes that are waxy and low in starch, like red or new potatoes. Unlike russets and all-purpose potatoes, their texture holds its shape after cooking.

Place scrubbed potatoes in a pot and cover with water. Bring to a boil. Simmer, covered, about 20 minutes, stirring twice. To judge if they are done, a thin-bladed paring knife can be inserted without resistance. Drain. Potatoes absorb flavors best when sliced with a serrated knife and mixed while still warm.

Meatless patties from the freezer of many supermarkets are the ultimate griller in quickness. Already baked, they only need to be heated through.

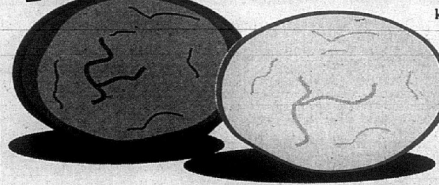
An easy cucumber sauce contrasts in coolness. Vegetables also are quick to fix on a grill.

On onion slices 1/2-inch thick or bell peppers cut in quarters, sprinkle thyme, salt and pepper and spray with nonstick olive oil cooking spray. Grill onion 5 to 6 minutes, turning the slices occasionally, until they are brown, or peppers, turning once, 8 to 10 minutes.

Sprinkle zucchini slices with leaf oregano, salt and

SEE EASY, IN TODAY'S FOOD PAGE 1C

JIGGLY JUBILEE



There is a law of the kitchen jungle where it is written that Jell-O will jiggle, jiggle or flavor its way onto every potluck table in every age. While these food pages seldom use a brand name, calling it "gelatin" by flavor, there is always an exception to a rule. That comes today, when a reliable friend, like Jell-O, celebrates its 100th birthday.

How should the occasion be celebrated? Will there be a poke cake with candles or will hold-in-the-hand Jell-O jigglers be given out at the bus stop?

Each family probably has a favorite tradition, from Aunt Peggy's molded cherries-in-cherry Jell-O to the orange sherbet pie adorned with a creepy black spider made of licorice candy.

For an easy tribute, bake Jell-O Roll Cookies with the candy-like powder giving an edge of color and flavor.

Use a roll of refrigerated cookie dough. Roll the outside edge in the powder straight from the package. Slice according to notches in dough. Top of cookie can be dipped in Jell-O as well, if desired. Bake as directed, being careful not to overbake, or the color will be lost.

See Blue Ribbon Cook, Inside TODAY'S FOOD Section



Today's Food

Private Label Test Run



Flavored mustards in private label brands add spice to many a party.

Testers spread expert opinions about mustards

Serious sausage lovers, according to "Test Run" tasters, know their mustard.

Seasoned mustards under private labels were this week's subject. When the weekly shopper looked for the products, she found more of them than expected. A broad spectrum turned up on the testing table, as a sample of what is available at local stores. Shop 'n Save spicy brown mustard (89 cents for a 12-ounce plastic squeeze bottle) and Nature's Best Dijon mustard (99 cents for a 9-ounce glass jar) came from Shop 'n Save, while another Dijon under the President's Choice label (\$1.69 for a 9-ounce glass jar) and Schnuck's horseradish mustard (89 cents for a 9-ounce glass jar) came from Schnuck Markets.

A tester who skips the hot dog unless there is mustard chose the horseradish vari-

ety as his favorite.

"I prefer spicy mustards over the plain variety. The horseradish mustard was very good. I thought it had the most distinctive spicy flavor. I plan on adding that variety to my mustard selection in the refrigerator," he said.

There was a lot of company for him on tests of the horseradish variety. One liked the freshness of the flavor as it had a "clear" quality to its aftertaste.

"If you like horseradish, this is the ticket," a taster added. "It has great flavor, pleasant aftertaste, plus it requires a cool drink," he summed up.

Another said it "really packed" while another thought the flavor had "a nice kick to it." "I thought it was spicier and had more texture than the other spicy brown," she said.

The Shop 'n Save spicy brown got an endorsement

because of the convenient plastic container, plus a compliment the next day when a tester tried it again.

"When I wasn't comparing it at the same time as other varieties, I found it more attractive. The spiciness is agreeable without being harsh. It doesn't have as much staying power as the horseradish, which might be a better compromise on flavor for a lot of people," she said.

A couple tasters thought the aftertaste of the spicy brown was more vinegar than spice.

The two Dijons were given equal praise.

"The two Dijons were very similar and are just as good as the name brand. I would purchase either of them," was one tester's opinion, typical about both Nature's Best and President's Choice varieties.

A taster thought the consistency was excellent on both.

Micro Raves

By BARB GRAY

Stuff a 'dog,' wrap frank, butterfly wiener for fun

It's time to be off to ball games, picnics and cookouts with hot dogs served everywhere. July is National Hot Dog Month, so plan a fun-filled time and serve hot dogs from the microwave oven, whereby the cook stays cool and avoids time spent waiting for coals.

What's the difference between those meaty things on a bun? Funk and Wagnalls "Standard Desk Dictionary" has separate definitions:

Frank or frankfurter: Smoked, often highly-seasoned sausage made of beef or of beef and pork.

Hot dog: Cooked frankfurter, usually grilled, served in a split roll and garnished with mustard, relish, etc.

Wiener: Kind of sausage, often shorter than a frankfurter, made of beef and pork.

On most Americans' plate, they are linked together.

NPD Group Inc.'s "Annual Report on Eating Patterns in America" indicates the hot dog ranks seventh in the sandwich category. Hot dogs can be bought in three sizes—regular, junior and ballpark length (foot-long). They are packaged in 12- to 16-ounce packages with prices ranging from a mere 79 cents to a hot \$4.29.

Many people today look at a sausage's fat content. The range is anywhere from none to 15 grams each. Mr. Funk should check out the local meat counter before his next dic-

tionary update, because chicken and turkey now compete with beef and pork as main ingredients.

It takes only 35 to 45 seconds to cook a hot dog in a microwave oven before the meat bursts open due to the quick buildup of moisture in it. Condiments are as numerous as summer fun-lovers who enjoy hot dogs. They include ketchup, mustard, relish, onion, cheese, horseradish, sauerkraut, chutney and chili. If taste buds prefer south-of-the-border flavor, try a little salsa.

At the next party, take a package of hot dogs, cut each in quarters and butterfly by splitting the piece in half lengthwise to, but not through, the other side.

In a 2-quart casserole, combine 2 cups barbecue sauce, 1 jar (10 ounces) orange marmalade and ½ teaspoon dry mustard. Stir in the hot dogs. Microwave, covered, on high power 5 to 7 minutes until hot, stirring every 2 minutes.

Instead of eating a hot dog in a bun, substitute a tortilla and serve it wrapped with condiments in a flour tortilla, so it can be eaten on the run.

Try a Taste of Home magazine idea using leftover mashed potatoes. Stir chopped onion, parsley, pimento and pepper into the mashed potatoes. Sift cooked hot dogs, stuff with the potato mixture, dot with butter and broil until lightly browned.

This Tex-Mex idea comes from "Microwaving Convenience Foods," part of the

Microwave Cooking Library series.

Certified family and consumer scientist Barb Gray specializes in microwave cooking.

TACO DOGS

- 8 hot dogs
- 8 hot dog buns
- 1 can (7½ to 10 oz.) beef taco filling
- 1 cup (4 oz.) shredded cheddar cheese
- 1 cup crushed taco chips
- Shredded lettuce and chopped tomato, if desired

Place 4 hot dogs in buns. Arrange in 12-by-8-inch baking dish.

Spoon half the taco filling over hot dogs. Sprinkle with half the cheese and chips. Cover with waxed paper. Microwave on high power 2 to 3 minutes until cheese is melted and buns are hot to the touch. Sprinkle with lettuce and tomato.

Repeat with remaining hot dogs.

Makes 4 servings.

Chili Cheese Dogs: Top hot dogs with 1 can (15 ounces) chili with beans. Cover with waxed paper. Microwave on high power 2 to 3 minutes until cheese is melted and buns are hot to the touch. Sprinkle with lettuce and tomato.

Bacon/Cheese Dogs: Top each hot dog with 1 tablespoon process cheese spread (½ cup total) and about ½ teaspoon bacon bits (1 tablespoon plus 1 teaspoon total).

naise mixture over tomato. Fold in sides and roll up.

Serve immediately, or wrap in plastic and refrigerate up to 24 hours before serving.

TURKEY CLUB WRAP

Combine 1½ tablespoons nonfat mayonnaise and 2 teaspoons bacon bits. Spread half the mixture over 1 large (10- to 12-inch)

flour tortilla. Top with 1 package (2.5 ounces) oven-roasted sliced turkey breast, large leaf of Boston or leaf lettuce, and 2 thin slices tomato. Spoon remaining mayon-

naise mixture over tomato.

Fold in sides and roll up.

Serve immediately, or wrap in plastic and refrigerate up to 24 hours before serving.

Heart-y Bites

By TERRI EDELSTEIN

Alien attire fools bugs, pays blackberry bonanza

One early morning every July, I don jeans, long-sleeved shirt and a pair of gloves. I spray Deep Woods Off head to toe and sneak off to a wooded area in southern Illinois to pick blackberries.

My aversion to thorns and bugs warrants the attire, but my love of fresh berries inspires the annual charade to fool these risky hazards into leaving me alone.

Blackberries and raspberries are members of the thorny rose family. They grow wild in many parts of

this country and Europe. The best ones are found along sunny edges of wooded area, but avid berry pickers like myself never disclose specifically where.

Black and raspberries ripen in July in the Midwest, a little later than blueberries. Blackberries, shiny black when ripe, are a solid cluster of seeds and fruit, whereas raspberries are hollow beyond their seedy fruit. Raspberries can be red, purple or even a stunning gold.

At the market, look for

plump, fully-colored berries. Avoid stained baskets, which may indicate crushed or overripe berries. All berries are highly perishable, so rinse them gently when ready to use. To save a taste of summer for January, pick over berries and freeze them in a single layer, then place in cartons or bags.

Berries are sweet and full of flavor, while low in calories and void of fat. Vitamin A, vitamin C and fiber contents are high. For a berry, blackberries are

unusually high in calcium. Fresh berries add sparkle to desserts, salads, beverages and even main dishes. They combine well with other summer fruits, such as peaches and melons.

Registered dietitian Terri Edelstein is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

Reservations are due Friday for the free class in "Savory Summer Salads," which will be held from 6 to 7 p.m. Wednesday, July 16, at the Laclede Gas

Shrewsbury Service Center, 4118 Shrewsbury Ave., Shrewsbury.

A registered dietitian will offer easy, timesaving, healthy salad ideas to take home. For more information or to make a reservation, call (314) 45-HEART.

SUMMER BERRY ANGEL CAKE

- 1 pkg. (16 oz.) angel food cake mix
- 2 cups fresh or frozen berries (blackberries, raspberries and/or blueberries)

Preheat oven to 325°.

Prepare cake mix as directed on package. Gently fold in berries.

Pour into ungreased 10-inch tube pan. Bake in preheated oven 40 to 45 minutes until lightly browned and dry on top.

Easy

Continued from page 1C. with cooking spray. Turn the slices just once while grilling 8 to 10 minutes.

STEAK 'N' BEAN POTATO SALAD

- 1 cup potato salad dressing
- 2 to 3 tbsp. prepared horseradish
- 1 lb. red or new potatoes, cubed, cooked, cooled
- 1 pkg. (9 oz.) frozen cut green beans, thawed
- 1 small red onion, chopped
- ¾ lb. deli sliced roast beef or grilled steak, sliced

In large bowl, combine dressing and horseradish. Add potato, beans and onion. Toss to coat.

Arrange beef and potato salad on chilled large platter.

Makes 4 servings.

DEVILED POTATO SALAD

- ¾ cup potato salad dressing
- ¼ cup creamy Dijon mustard blend
- 2 lb. red or new potatoes, cooked, peeled, cut in ½ inch cubes (about 5 cups)
- 2 hard-cooked eggs,

coarsely chopped. Lettuce leaves, if desired.

Chopped fresh parsley, for garnish

In large bowl, combine dressing and mustard blend. Add potato, beans and onion. Toss to coat. Cover. Chill.

Spoon into lettuce-lined bowl. Garnish with parsley.

Deviled Ham Potato Salad: Add 1 cup diced ham with potato and egg.

POTATO SALAD SANTA ROSA

- 1 cup potato salad

- dressing
- ½ cup chunky salsa
- 1 lb. small red potatoes, cooked, quartered
- 2 cups diced cooked chicken
- 1 can (15½ oz.) corn, drained

In large bowl, combine dressing and salsa. Toss with potato, chicken and corn until coated.

Serve on chilled platter. Makes 4 to 6 servings.

GARDEN SALSA BURGERS

- 2 frozen veggie patties
- ¼ cup salsa

- 2 tsp. finely chopped green onion
- 4 slices grilled bread
- 2 slices low-fat cheese
- ½ cup shredded lettuce or cabbage

Spray both sides of frozen patties with nonstick cooking spray. Directly on clean medium-hot grill or on well-perforated sheet of heavy-duty aluminum foil, grill patties 3 to 4 minutes per side.

For each sandwich, place 1 patty on slice of grilled bread. Top with cheese, combined onion and salsa, then lettuce.

Grilled Bread: Spray both sides of bread with nonstick cooking spray (preferably olive oil). Grill 1 to 1½ minutes on each

CUCUMBER YOGURT SAUCE

- 1 cucumber, peeled, thinly sliced
- ¼ cup thinly sliced onion
- ¼ tsp. salt
- 1 cup plain low-fat yogurt
- ½ tsp. dill weed
- Pepper

Place cucumber, onion and ½ teaspoon salt in medium bowl. Let stand 30 minutes.

Drain and squeeze out excess water. Add yogurt, dill, ¼ teaspoon salt, and pinch of pepper.

Today's Food

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Wise Ways By MARY SCHROEPFER

To can or not to can is a summer decision

When I was a child, I spent a good part of my summers helping my mom stock the fruit cellar with quarts of green beans, tomato sauce, pickles, peaches, applesauce and jelly. Now that I have my own family, I still enjoy "putting up" a few jars of applesauce, salsa, relish and jelly.

Canning is no longer an economic necessity, but rather a special "togetherness" time with my family and a way to preserve my garden's bounty for later enjoyment.

Dollar savings may not be great when generic brands of canned green beans, corn, tomatoes and peas cost 20 cents each. Households that buy seed, fertilizer, garden equipment, canners and canning equipment, jars, flats and rings may not save money unless they preserve lots of food over a long period of time.

However, if produce is already available from your garden or from the bounty of neighbors and co-workers, it makes sense to freeze or can easy items.

Easy-to-can items require little special equipment — canning jars, rings, flats, a jar lifter, potholders and a canner. There are two types of canners, each appropriate for canning different foods.

A pressure canner is a heavy metal pot with a locking lid, gasket, rack, and dial or pressure gauge, which heats food to 240 degrees.

A water bath canner, a deep pot with a lid and a rack in the bottom, processes food at 212 degrees. It is used to can foods high in acid, like fruits and fruit butter, jams, jellies, pickles, relishes and some tomato products. In a pinch, any pot deep enough to submerge the filled jars of food under boiling water can be used. Create a rack from a round cake rack or several jar rings tied together.

Not just any recipe can be spooned into a jar and canned. Only a tested canning recipe provides safe, high-quality results. Safe canning recipes are available from Ball "Blue Book," Kerr, University Extension, or U.S. Department of Agriculture directions dated no earlier than 1989.

Follow recipes exactly. Creativity is not rewarded when canning. Ingredients never should be juggled.

Creative cooks should freeze their products for safety. Low-acid foods — such as green beans, spaghetti sauce with meat, soup mixes and corn — must be canned in a pressure canner to be safe. Borrow a canner for a few tries before making this major purchase. Never can these foods any other way. If a pressure canner is not available, freeze the foods instead.

If the canner is older than 1989, do not use the recipe book or directions that came with it because they

are out of date. Instead, get a free set of updated canning times and recipes from a local University Extension office.

Capture the taste of summer with a sweet blend of nectarines and plums made according to the Ball "Blue Book" (1989). While the ingredients seem to call for a large lump of sugar, the amount per tablespoon shakes down to the equivalent of an "all-fruit" or "natural" jam.

Home economist Mary Schroepfer is food specialist with University Extension (University of Missouri system) in Franklin County.

NECTARINE PLUM JAM

- 1 1/2 lb. nectarines
- 1 1/2 lb. plums
- 2 tbsp. lemon juice
- 1 pkg. powdered pectin
- 7 cups sugar

Peel and pit nectarines. Pit plums. Coarsely chop both fruits. Place fruit in large saucepan. Stir in lemon juice and pectin.

Over high heat, bring to rolling boil, stirring occasionally. Add sugar. Return to rolling boil. Boil hard 1 minute, stirring constantly.

Pour into hot jars, leaving 1/4-inch head space. Adjust caps. Process 10 minutes in boiling water bath.

Yields about a half-pint, 50 calories, 12 g sugar and no fat or protein per 1-tablespoon serving.

AROUND-THE-WORLD GRILL FLAVORS

For a taste of Italy, marinate pork cubes and fresh mushrooms on skewers in a mixture of olive oil, lemon juice, garlic and thyme. Grill. Serve with thick slices of Italian bread.

For the flavor of Greece, marinate pork

chops in lemon juice, rosemary and garlic. Grill. Serve with a cold yogurt and pureed cucumber sauce.

Dance to the rhythm of Calypso pork chops marinated in orange and lime juices, brown sugar, ginger and a sprinkle of red pepper. After grilling chops, serve with rice cooked with chicken broth, plus fruit on the side.

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Today's Food

Grilled burgers a cultural favorite

A popular food trend of the '90s blends cuisines of many countries. This results in exciting, delicious and unique flavor combinations.

Herbed Veal Burgers with Aioli Crostini, a prize-winning recipe from the Favorite Veal Recipe Contest, borrows flavors from the Mediterranean to make grilled burgers a winner.

Ground veal is mixed with fresh thyme, garlic and balsamic vinegar before grilling. Like with any ground meat, mix lightly and gently shape into patties because over-handling results in dry, compact burgers. Grill veal patties just until no longer pink in the center to keep burgers juicy and delicious. To keep burgers moist, turn with spatula and avoid pressing or flattening them.

Instead of the typical bun and condiments, this burger is served on crostini, toasted Italian bread, spread with aioli and sprinkled with chopped olives. Aioli, a garlic-flavored mayonnaise originally from the Provence area of southern France, complements the herbed veal and the strength of the olives.

Shredded carrot, lightly tossed with vinaigrette make a colorful accompaniment for the veal burgers.

For a main dish, try a Zesty Italian salad with grilled veal steak, sliced in thin pieces, arranged on top. It makes a tasty week-night meal. The veal can be marinated overnight, then grilled just before serving. Crusty bread is the only accompaniment needed.

HERBED VEAL BURGERS WITH AIOLI CROSTINI

- 1 lb. ground veal
- 1 tbsp. finely chopped fresh leaf thyme
- 1 tbsp. balsamic vinegar
- 2 cloves garlic, crushed
- 1/4 tsp. salt
- 1/4 tsp. pepper
- 4 slices (1/2 inch thick) Italian bread, toasted
- 1/4 cup chopped pitted Kalamata or ripe olives
- Lettuce leaves
- 1/4 cup mayonnaise
- 1 tbsp. balsamic vinegar, if desired

In small bowl, combine mayonnaise, 1 tablespoon vinegar (if desired) and half the garlic. Mix well.

In medium bowl, combine veal, thyme, 1 tablespoon vinegar, remaining garlic, salt and pepper, mixing lightly but thoroughly. Shape into four patties 1/2-inch thick.

Place patties on grid over medium ash-covered coals. Grill, turning once, 10 to 12 minutes until centers are no longer pink.

Reserve 1 tablespoon mayonnaise mixture and 1 tablespoon chopped olives.

Evenly spread remaining aioli on each piece of toast. Sprinkle with remaining olives. Top with lettuce and burger. Garnish with reserved aioli and olives.

Makes 4 servings; 307 calories, 22 g protein, 8 g carbohydrate, 21 g fat, 632 mg sodium and 96 mg cholesterol each.

ZESTY ITALIAN VEAL SALAD

- 2 veal shoulder arm or blade steaks, cut 3/4 inch thick (about 2 1/2 lb.)
- 1 pkg. (10 oz.) Italian salad mix (romaine and radicchio)
- 1 cup diced plum tomato
- 1/4 cup freshly grated parmesan or asiago cheese
- 1/2 cup Italian salad dressing
- 1/2 tsp. salt
- 2 tbsp. balsamic vinegar
- 1/4 tsp. pepper

In small bowl, combine 1/4 cup salad dressing, vinegar and pepper. Mix well. Place veal and marinade in plastic food-safe bag. Close securely. Marinate in refrigerator 6 hours, or overnight if desired, turning occasionally.

Remove veal from marinade and discard marinade. Place steaks on grid over medium, ash-covered coals. Grill 16 to 18 minutes for medium doneness, turning occasionally.

In large bowl, combine greens, tomato, cheese and remaining 1/4 cup dressing.

Toss lightly. Divide equally among 4 plates. Sprinkle veal with salt. Trim fat from veal and remove bones. Carve veal crosswise in thin slices. Arrange over salad.

Serve immediately. Makes 4 servings; 386 calories, 38 g protein, 7 g carbohydrate, 22 g fat, 740 mg sodium and 158 mg cholesterol each.



Aioli, used as a burger topping, provides the smooth richness of mayonnaise with the warmth of garlic in a French classic.

Recipes

SLENDERELLA CHICKEN

- 4 chicken breast halves, boned, skinned
- 1/2 cup water
- 1/2 cup chicken bouillon granules
- 1/2 tsp. seasoned salt
- 2 tsp. dry white wine
- 1 tsp. butter or margarine
- 1/2 tsp. crushed thyme
- 1/4 tsp. leaf marjoram
- 1/4 tsp. red pepper
- 1 cup finely chopped onion
- 1/2 cup sliced fresh mushrooms
- 1/4 cup chopped green bell pepper
- 1 medium carrot, finely chopped
- 3 cups coarsely shredded

zucchini Parsley sprigs

In frying pan, mix together water, bouillon, seasoned salt and wine. Add chicken. Cover. Bring to boil over high heat. Reduce heat to low. Simmer about 15 minutes or until fork can be inserted in chicken with ease. Keep warm.

In saucepan, melt butter over low heat. Add thyme, marjoram, red pepper, onion, mushrooms, green pepper and carrot. Cook, covered, about 10 minutes or until vegetables are tender.

Steam zucchini 3 minutes. Spread zucchini on serving dish. Arrange chicken on top. Spoon vegetable mixture over chicken. Garnish with parsley.

Makes 4 servings.

GREEK-STYLE HUMMUS

1 can (15 oz.) garbanzo

- beans, rinsed, drained
- 1/2 cup low-fat plain yogurt
- 2 tsp. tahini paste, if desired (available with natural or Oriental foods)
- 1 small clove garlic, minced
- 1/4 tsp. ground cumin
- 2 tsp. finely chopped ripe olives
- 2 tsp. minced fresh or dried parsley

Pita bread, cut in triangles
Sliced cucumber and zucchini

In food processor or blender, combine beans, yogurt, tahini, lemon juice, garlic and cumin. Process until smooth, stopping to scrape bowl occasionally. Stir in olives and parsley. Spoon into serving bowl.

Serve at room temperature with cucumber and zucchini. Can be made up to 3 days in advance, then refrigerated.

Makes 32 (one-tablespoon) servings; 25 calories, 1 g fat and 9 mg sodium each.

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Good Gra for i

Grated citrus (zest) long has been used for flavor but contains powerful antioxidants. Now, after a series of scientific studies have shown that phytochemicals found abundantly in citrus may help the body fight off cancer-causing free radicals in the body, large amounts of citrus peel are not just a waste. There are a lot of ways to use citrus peel to enhance your diet. A citrus grater or zester can be used on lemons and limes to produce a zest effect. Pulling a top to the bottom results in less zest against a top.

For a burger, both halves spread crescent hamburger with top of

LE H

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G Dr



Today's Food

Good Health

Grate a little fruit zest for instant flavor magic

Grated citrus fruit peel (zest) long has been used for flavor because it contains powerful, aromatic oils. Now, after many years of scientific research, citrus peel also is recognized for its potential health benefits. Studies have shown the phytochemical limonene, found abundantly in zest, may help the liver dispose of cancer-causing substances in the body. While eating large amounts of citrus peel is not recommended, there are many ways to include a little zest in foods to enhance flavor and boost consumption of what may powerfully fight cancer.

A citrus zester, a box grater or vegetable peeler can be used on oranges, lemons and limes, each producing a slightly different effect.

Pulling a zester from the top to the base of the fruit results in long, thin strips of zest. Rubbing fruit against a box grater pro-

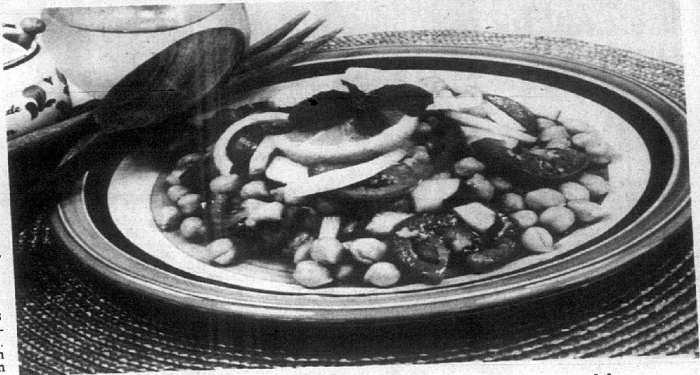
duces small and flaky zest. A vegetable peeler makes wide strips. Whatever method is used, the pith, the white underside of the peel, should be avoided with the zest because of its bitter taste.

Just a little grated citrus zest can add big flavor. Start by adding ½ teaspoon along with other seasonings to stir-fried dishes, stews and soups. Increase it as taste dictates. Try adding razor-thin zest strips to salad with pasta or mixed greens. Before baking or roasting a whole chicken, use whole cloves to attach citrus peel slices to the breast side to infuse the meat with a rich, spicy fragrance and flavor.

Create new variations of favorite baked goods by stirring grated lemon, lime or orange peel into batter or dough. When there is no time to bake or make zest, reach for a jar of traditional, thick-cut citrus marmalade. Spread on English muffins, topping pancakes or stirred into plain low-fat yogurt, it provides all the sweet-tart flavor of zest without the work.

Smooth, creamy flavors partner perfectly with citrus zest. Blend one 8-ounce package of low-fat or fat-free cream cheese with ½ cup chopped dates, 2 to 3 teaspoons honey and 1 teaspoon grated orange zest. Spread the mixture on bagels for breakfast or on crackers as a mid-afternoon snack.

With the vibrant flavors of garlic, zest and mint, Zesty Bean Salad adds pizzazz to a picnic or potluck. For a free brochure taking a closer look at phytochemicals and the ways they may lower cancer risk, send a self-addressed, stamped, business-size envelope to: American Institute for Cancer Research, Department TLP, Washington, D.C.



Bean salad gains zest from red pepper, onion, cucumber, mint and lemon.

20069. Registered dietitian Melanie Polk is director of nutrition education for the AICR in Washington.

ZESTY BEAN SALAD

Zest and juice of 1

- 1 lemon
- 2 tsp. olive or vegetable oil
- 1 clove garlic, minced
- 2 tsp. sugar
- 2 tsp. Dijon mustard
- 1 cup chopped red bell pepper or tomato
- 2 ¾ cups canned white bean or garbanzo beans, rinsed, drained

- 1 cup chopped unpeeled cucumber
- 1 medium onion, chopped
- 3 tsp. chopped mint
- In large bowl, combine lemon zest and juice, oil, garlic, sugar and mustard. Stir in red pepper, beans, cucumber, onion and mint. Makes seven (¾-cup) servings, 152 calories and 4 g fat each.

DELI BURGER

For a burger worthy of eating at a bagel deli shop, spread both halves of a toasted onion bagel with Dijon mustard. Spread creamy coleslaw over bottom half. Top with cooked hamburger, onion rings and crumbled blue cheese. Cover with top of bagel. Serve immediately.

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Bean salad considered healthy choice

The time is right for quick, healthy, satisfying salads. Part of what makes these recipes so likable on a hot day is they contain smart ingredients that are wonderfully easy to match with other ingredients. Canned beans add flavor, filling texture and nutrients. Mushrooms and celery need only a quick rinse and a little chopping. Not only are they wiltproof, but they can be mixed together in 10 minutes.

Mushroom Three Bean Salad is a hearty toss of roasted red peppers from a jar, earthy fresh white mushrooms and three kinds of canned beans — black, white and red — for optimal color appeal. Italian dressing and parmesan cheese add tang and richness.

Southwestern Garbanzo Salad turns beans and mushrooms spicy, adding corn for colorful texture for richness. Salsa is the sombrero that forms the base of a quick and spicy vinaigrette.

For more recipes using mushrooms as part of a

week's worth of quick and satisfying recipes, request the "Mushroom Meal Plan" addressed, stamped, business-size envelope to: Mushroom Council, 2200-B Douglas Blvd., Suite 220, Department MP, Roseville, Calif. 95661.

MUSHROOM THREE BEAN SALAD

- 10 oz. fresh mushrooms, quartered (about 3 cups)
- 1 jar (7 oz.) roasted red peppers, drained, cut in strips (about ¾ cup)
- 1 can (15 oz.) cannellini (white kidney) beans, rinsed, drained
- 1 can (15 oz.) red kidney beans, rinsed, drained
- 1 can (15 oz.) black beans, rinsed, drained
- 2 ribs celery, sliced (1

- cup)
- ½ cup (2 oz.) coarsely shredded parmesan cheese
- ¾ cup Italian salad dressing
- ¼ cup chopped fresh parsley

In large bowl, combine mushrooms, peppers, white, red and black beans, celery and ¼ cup cheese. Add dressing and parsley. Toss to coat well. Stir in parsley. Serve with remaining cheese sprinkled on top. Makes 4 servings (6 cups).

Variation: For main dish, add cooked chicken, sliced pepperoni, kielbasa or ham.

SOUTHWESTERN GARBANZO SALAD

- 1 cup salsa

In large bowl, combine salsa, oil, vinegar and salt. Add mushrooms, corn, garbanzo, cheese and half the green onion. Toss to mix and coat. Sprinkle top with remaining green onion. Serve immediately, or cover and refrigerate up to 4 hours. Yields 4 main-dish servings or 3 side-dish portions (5 cups).

Recipe

EIGHT-VEGETABLE PASTITSIO

- 1 small onion, quartered
- 1 shallots or 2 cloves garlic
- 1 rib celery, quartered
- 2 carrots, quartered
- ½ green bell pepper, seeded, quartered
- ½ red bell pepper, seeded, quartered

- 1 large zucchini, quartered
- 1 tsp. extra-virgin olive oil
- 1 ½ tsp. Italian herb blend, crushed
- 2 tsp. grated parmesan cheese
- ½ cup dry red wine
- 1 can (8 oz.) Italian plum tomatoes, crushed
- 12 oz. uncooked penne or ziti pasta
- 1 lb. eggplant, sliced in rounds ½ inch thick

- 1 lb. ricotta cheese
- ½ cup (2 oz.) shredded mozzarella cheese

In food processor or blender, chop onion, shallots, celery, carrots, green and red pepper and zucchini until coarsely chopped. In nonstick skillet, saute vegetables in oil 5 minutes. Add herb blend and parmesan cheese. Saute 3 to 5 minutes longer.

Add wine and tomatoes. Bring to boil. Reduce heat. Simmer 10 minutes.

Cook pasta according to package directions.

On nonstick baking sheet, broil unpeeled eggplant lightly on both sides. Preheat oven to 375°.

In shallow 3-quart casserole coated with nonstick cooking spray, layer one-fourth sauce, all the pasta, one-fourth sauce, all ricotta cheese, one-fourth sauce, eggplant and remaining sauce. Top with mozzarella cheese.

Bake in preheated oven 40 minutes or until bubbly. Let stand 10 minutes before serving. Makes 8 servings.

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Today's Food

Blue Ribbon Cook

Fruity gelatin is product of the ages

Jell-O has a distinctive place in American culture and most families. In the beginning, the idea of adding fruit flavor to granulated gelatin was considered a convenient time saver. Later, it turned to marketing as a "kid" product — that just happened to follow the child through life.

Over its 100 years, its wiggly results colored the tables — and sometimes the tablecloths — of those who sought new ways to serve fruit, provide an enjoyable dessert without using rationed eggs and cream, and simply have a cool and sweet treat.

Peg Brady of Kirkwood says all generations of her family has been flavorfully enamored by the product. When her "Blue Ribbon" entry to the Jell-O Recipe Contest arrived in a box, rather than an envelope, the mail sorter quickly checked the bottom of the package to see if it was leaking.

There was nothing to mop up.

The Brady clan had made Jell-O Jewels, homemade sugar cookies they formed into traditional drop cookies and a plaque spelling out

J-E-L-L-O.

"The Jell-O plaque was originated by an alphabet-conscious daughter, Tish Mullen," she said.

Emily Brady, another generation younger, is a cookie baker, too, while three-year-old Forrest Whaley, Peg's great-grandson, became the official taster.

She included a favorite cookie recipe, which enhances their jewel-like quality.

Her family often used Jell-O from the pantry over the years, including when gelatin was promoted as a nail strengthener. Then, her daughter, Kathy, as a high school student, wanted to take the matter into her own hands and ate as much Jell-O as possible.

Looking for nail-biting results, she even ate it at school for lunch. She chilled a concentrated mixture of it overnight — her own form of "Jigglers" — so it would fit between 2 slices of brown bread for her bag lunch the next day.

For the effort, Peg Brady receives a prize of dinner certificates from the Pasta House Co.

Recipes for this month's

contest, the 30-Minute Grilling Recipe Contest celebrate outdoor cooking. Entries can include a main dish, side dish, appetizer or dessert to: 30-Minute Grilling Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Entries will be judged for a prize to be awarded each of the four Wednesdays during August. Only one entry may be submitted.

As usual, if there is a history to the recipe, it will be considered part of the entry. Along with taste and eye appeal, it will form the basis for selecting winners.

Originality will be considered, although the recipe need not be original. If possible, name the recipe's source. Include the name of the Journal you receive.

Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules. Contest winners may enter again six months after the prize-winning publication date.



Four generations take Jell-O, on its 100th anniversary, seriously. Peg Brady, right, sets out dough for baking Jell-O Jewels, while her daughter Tish Mullen, advises, and granddaughter Emily Brady awaits results with great-grandson Forrest Whaley.

JELL-O JEWELS

- 1 cups (2 sticks) margarine, softened
- 1 cup granulated sugar
- 3/4 cup brown sugar
- 2 tsp. vanilla
- 1/2 tsp. salt
- 2 eggs
- 1 tsp. baking soda
- 3 1/2 cups flour
- Jell-O powder, as desired

Preheat oven to 375°. Beat together margarine,

granulated and brown sugar, vanilla, salt and eggs until creamy. Mix together baking soda and flour. Beat into creamed mixture.

Shape as desired. Sprinkle with or roll in Jell-O granules.

Bake in preheated oven 6 to 8 minutes. Do not over-bake.

To intensify color of gelatin on cookie, add drop of water as soon as it is removed from oven.

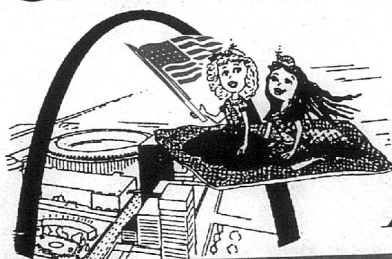
Shaping Ideas: Roll

dough in small balls. Roll in gelatin granules. Indent center and fill with contrasting colored gelatin. Bake as directed.

Shape dough into 2-inch cylinders. Roll in gelatin powder. Cover with aluminum foil. Chill until very hard but not frozen. Slice 1/4-inch thick. Bake as directed.

To make alphabet letters, roll thin pieces of dough in gelatin granules and carefully shape into letters on baking sheet.

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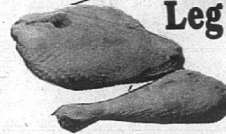
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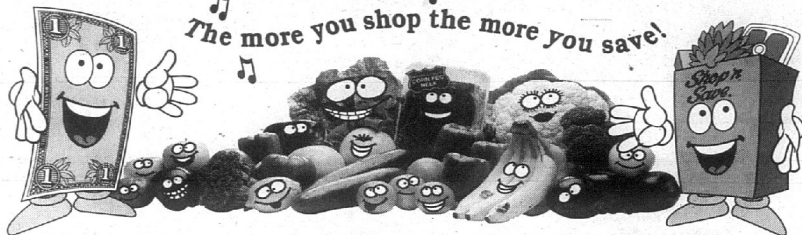
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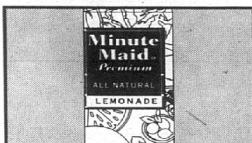
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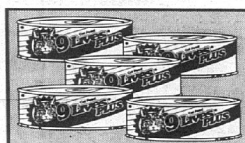
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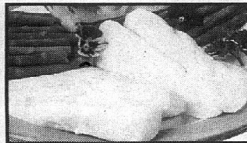
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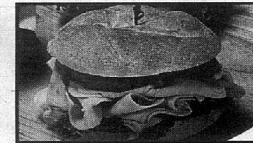
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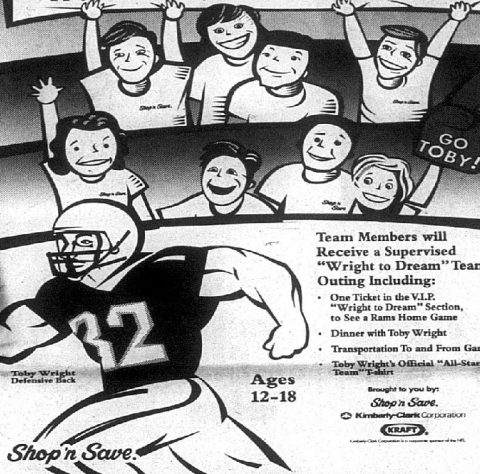
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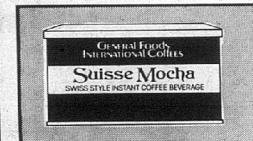
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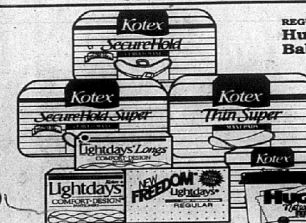
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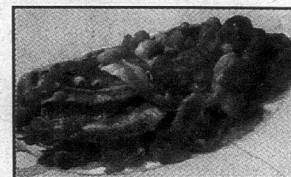
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13-15 OZ. PKG.

8-OZ. BTL.
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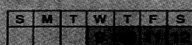
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ARIZONA

AUTOMOTIVE

Sonoma

Sonoma with ZQ8 has sports-car personality

By Tom Strongman

Used to be that two-seaters were exclusively sports cars, but nowadays many of the two-seaters we see prowling the roads are compact pickup trucks.

Why are they so popular? In many ways they have taken the place of sports cars because they're fun, different and an expression of individualism, if you will. Plus, they can be used for light hauling, should the need arise.

With the sports-car image in mind, GMC has come up with a ZQ8 suspension package for the two-wheel-drive Sonoma that takes most of its truck vices and serves up handling more at home on a twisting road than a construction site. It drives like you've welded a pickup bed onto the back of your Firebird.

The sports suspension package consists of 8-inch-wide aluminum wheels, Goodyear Eagle GA tires and recalibrated springs, shocks and anti-roll bars. Structural reinforcements in the form of a center drive shaft bearing support, and a single-piece rear shock absorber cross member, keep the frame from flexing, which helps keep the wheels in

solid contact with the road. Even the power steering gets more road feel and a quicker ratio.

The optional 4.3-liter V-6 engine is mandatory with the sports suspension package, but you'd want that anyway for this kind of a truck.

Since the GMC and Chevrolet compact pickups are nearly identical, Chevy has a similarly equipped S-10. I was skeptical about the handling improvements until I tackled my favorite strip of abandoned, curlicue asphalt road and found that the Sonoma could be hustled through turns almost as confidently as a muscle car. The back axle hopped around a little, but for the most part its behavior in turns was friendly and benign.

It was during this little exercise that I realized that this 175-horse engine gets a bit noisy and coarse when revved to 3,000 rpm or so. Prior to that I had not been revving it hard because it produces maximum torque, or pulling power, at only 2,800 rpm. That means you tend to shift early and let the engine pull without winding it up like a rubber band.

The five-speed transmission is a rigour for back-road follies, but this one is not the smoothest. The foot-long shift lever seems to transmit lots of vibration and noise into the

cabin when you're using the engine to its max. With that in mind, I would forgo the five-speed's versatility and choose the automatic for everyday use.

One important feature of our extended-cab test truck was the optional third door. Located on the left side, it swings out easily for putting dogs, kids or groceries behind the front seat. The extra space is pretty tiny, and the fold-down seat is good only for a very small child, but the practicality of the extended-cab makes it the overwhelming choice.

The rest of the cabin is rather small compared to a full-size truck, but for daily commuting, or use as a second car, it fills the bill. It has bucket seats and a center console with cup holders and storage pockets. At this time there is not yet an air bag for the passenger side, which means you could safely put a young child or safety seat there.

The Sonoma's instrument panel still is not as thoroughly refined as it could be. While its instrumentation is clearly designed, some of its secondary switches, such as those for

the headlights, click noisily and feel rough.

Some Sonomas, including the model I drove, recently had a \$100 price hike. The base price is now \$14,814. Our test vehicle was equipped with options of air conditioning, tilt wheel, cruise control, power windows, power locks, power sliding rear window, third door, tinted glass, leather-wrapped steering wheel, locking differential and remote keyless entry.

The sticker price was \$20,028.

The basic warranty is for three years or 36,000 miles.

Point: If you want a compact truck with the personality of a sports car, pick the Sonoma with the sports suspension package and you will be pleased.

Counterpoint: The manual transmission is a bit noisy, as are some of the switches on the dash.

Retrofit kits help drivers keep cool

By Rick Stoff

To live in the past or the future? A lot of people whose vehicles require air conditioner service this summer will be faced with that question.

Millions of cars and trucks still carry air conditioning units using the now-outlawed refrigerant R-12 known as Freon. The last Freon manufactured in the U.S. was made in 1995. Cars built today use refrigerant R-134a, which does not harm the earth's ozone layer as does R-12 when released into the atmosphere.

An international treaty terminated production of R-12, which was viewed as a threat to the environment, when there were still an estimated 157 million cars and trucks in service carrying air conditioners designed for R-12. It is not known how long existing R-12 supplies will last.

Retrofit kits converting old air conditioners to the new refrigerant were predicted a couple of years ago to cost up to \$1,000. Luckily, retrofitting has turned out to be less expensive than feared.

The kits are costing \$200 to \$300, not \$800 to \$1,000 as people initially thought they would, said Phil Linck, diagnostic clinic manager at the Auto Club of Missouri.

The savings resulted from resolution of problems that might have been caused by the oils that circulate in air conditioning systems to keep the systems lubricated.

There were concerns about the oils in the old refrigerant and new refrigerant mixing, Linck said. It was thought that there would be incompatibility with the oils used in R-12 and the oils that would come in R-134a. As the technology advanced, that problem was worked out.

As a result, the new retrofit kits make it possible for most of the old air conditioning system to remain intact as it is converted to use the new refrigerant. It also is not necessary to completely flush the system to remove the oil that was carried in Freon.

Typically the kit contains some fittings and some seals, Linck said. The change involves replacing the oil in the system.

The change takes up to two hours of a technician's time. After the switch, the car owner may notice that the air conditioner runs a few degrees warmer than it used to, due to the lower efficiency of R-134a when compared to Freon.

On an extremely hot day you will notice that the air leaving the air conditioning ducts will be three degrees warmer than it used to be, Linck said. The new vehicles designed to use R-134a have air conditioners with bigger capacity to offset the lost efficiency.

There is still plenty of Freon on the market — much of it being smuggled into the U.S. illegally — but the price is rising. Nonetheless, Linck said, the new R-134a is still a bit more expensive than Freon. He estimated current prices at \$45 for 12 ounces of R-12 vs. \$55 for the same amount of R-134a.

But he said Freon will only grow more scarce and expensive, so he recommends that any older vehicle requiring significant air conditioning service be converted at the same time.

If you don't do it now and a hose breaks or leaks a year from now, you're going to have to do it then anyway, he said.

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unopened,
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